



1400 West Main Street
P.O. Box 8004
Bellevue, Ohio 44811
419.483.4040

NON-PROFIT ORG.
U.S. POSTAGE
PAID
BELLEVUE, OH 44811
PERMIT NO. 50



*****ECRWSSSEDDM*****
RESIDENTIAL CUSTOMER



Don't forget to wear skin
and eye protection
from the sun this summer!

Dawn Bova Announced as TBH's Nominee for OHA Award



Dawn Bova, MSN, NP-C, with The Bellevue Hospital's (TBH) Family Health Services and Occupational Health Department, is TBH's nominee for the 2017 Ohio Hospital Association's (OHA) Albert E. Dyckes Health Care Worker of the Year Award.

The Albert E. Dyckes Health Care Worker of the Year Award has been given annually since 1996 to one Ohio caregiver who personifies a leader, gives back to the community, and routinely goes beyond the call of duty.

Dawn has been a nurse for 31 years and has worked at The Bellevue Hospital for the past 27 years, of which she has held positions in several departments within the hospital.

The hospital staff nominated Bova for the award with the following information:

"Dawn is a natural leader who leads by example, who leads by doing, who leads by just getting the job done whatever it takes. She is positive and always willing to help when needed."

In addition to Dawn's nursing career, she actively volunteers her time with OhioCAN (Change Addiction Now) as the Sandusky County Coordinator. OhioCANs' goal is to educate, embrace and empower those affected with or by substance use disorders and to reduce the stigma of overdoses. Dawn was drawn to helping families dealing with substance use disorder because of her and her family's personal experience in substance use disorder and recovery efforts. Her son, Bradley, recently lost his courageous battle with addiction. Dawn is trying to turn her son's death into something positive by bringing awareness, education and resources to others.

Dawn has helped create a Substance Use Disorder Committee at The Bellevue Hospital, is starting a new substance support group and initiated a donation drop off location and a Blessing Bag (filled with food, toiletries, and clothing) pick-up location at the hospital. She also speaks to churches, schools and community forums, using her voice to speak her heart, so others may hear Bradley's story.

Congratulations to Dawn, who will represent TBH at the OHA Recognition Dinner in Columbus on June 13.

For information on OhioCAN: www.changeaddictionnow.org

Free Balance Screenings Offered



Please enjoy our **HEALTHnews** to help keep you informed.

Join us on Facebook and visit our website at www.bellevuehospital.com. Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



The Bellevue Hospital's Rehabilitation Services department offers free balance screenings.

- Appointments accommodating your schedule
- No physician order required
- Completed in 20 minutes

To schedule your screening:
call 419.483.4040, Ext. 4279



Rehabilitation Services

CALENDAR of Events

For more information or to register for the events listed:

Bellevue: 419.483.4040 ~ Clyde: 419.547.0074

Fremont, Old Fort, Green Springs & Republic: 419.639.2065

Extension numbers listed below:

COMMUNITY HEALTH PROGRAMS

FASTING GLUCOSE TESTS AND BLOOD PRESSURE CHECKS

Free community health screenings offered in June.
INFO: Ext. 6610

June 13

9:00 am - 11:00 am
Bassett's Market, Bellevue

June 20

9:00 am - 11:00 am
Hogue's IGA, Bellevue

June 22

10:30 am - 11:30 am
Senior Center, Clyde

June 26

8:00 am - 10:00 am
Rec Center, Bellevue

June 27

Noon - 1:00 pm
Senior Center, Bellevue

June 1

LAMAZE PREPARED CHILDBIRTH CLASS

TBH Conference Rooms A&B
9:00 am - 3:00 pm

Prepares expectant parents for a positive birth experience. Topics: stages of labor, relaxation, breathing techniques, medication, nutrition, weight gain and anatomy. Tour of the Family Birthing Center. The class is held in a series of three Thursday sessions: June 1, June 8, and June 15 from 6:00 - 9:00 pm. A fee of \$30.

INFO: Ext. 3067

June 5

MORNING HEALTH BREAK

TBH Conference Rooms A&B
8:00 am - 11:00 am

Free blood pressure and fasting glucose checks; Cholesterol (\$10), TSH (\$20), PSA (\$25). Educational literature, light breakfast and registered nurse to answer questions about health.

INFO: Ext. 6610

June 7

DROWN'S GARDEN MARKET

TBH South Entrance
9:00 am - 2:00 pm

Drown's Market of Green Springs supporting the hospital's efforts for a healthy lifestyle. The Garden Market is open to the public and offers a wide variety of seasonal fruits and vegetables. Cash, check or credit card will be accepted.

INFO: Ext. 4387

June 12

BABYSITTING BASICS CLASS

TBH Conference Rooms A&B
9:00 am - 3:00 pm

For children 11 years and older. Lunch will be served. A lunch fee of \$25. Reservations are requested.

INFO: Ext. 4326

*Fresh Air.
Fresh Attitude.*



June 15

MATURE AUDIENCE LUNCHEON

Bellevue Society for the Arts
205 Maple St., Bellevue
11:30 am - 1:00 pm

"The Wall That Heals," presented by Kenn Rospert. Patriotic songs will be performed by Dick Dundore. The public is invited to attend. A lunch fee of \$3. Reservations are requested.

INFO: Ext. 4899

June 20

EVENING HEALTH BREAK

TBH Conference Rooms A&B
5:00 pm - 7:00 pm

Free blood pressure and fasting glucose checks; A1C screening (\$10). Educational literature, light snacks and a registered nurse to answer questions about health.

INFO: Ext. 6610

June 23

DR. D. ROSS IRONS MEMORIAL 5K RUN/WALK

Bellevue High School Track
200 Oakland Ave., Bellevue
Registration 6:00 - 6:45 pm
Race starts at 7:00 pm

Course is flat, out and back. Pre-entry registration fee is \$25 (includes long-sleeve shirt). Pre-entry deadline is June 10, 2017. Race day fee is \$30 (does not include a shirt.)

INFO: Ext. 4319

Register: tbhfoundation.com



June 24

10TH ANNUAL DR. ELBERT D. LAWRENCE CLASSIC CAR, TRUCK & MOTORCYCLE SHOW

Bellevue High School Parking Lot
200 Oakland Ave., Bellevue
10:00 am - 2:00 pm

Dash plaques for the first 50 registered vehicles. Plaques for Best of Show in car, truck and motorcycle categories. Door prizes. Early bird registration (\$10). Day of show registration (\$20).

INFO: Ext. 4319

Register: tbhfoundation.com

June 24

CHILDREN'S BIKE DECORATING CONTEST

Bellevue High School Parking Lot
200 Oakland Ave., Bellevue
10:00 am - 1:00 pm

Bike Decorating Contest at the Dr. Elbert D. Lawrence Car, Truck and Motorcycle show! Children can bring their undecorated bikes to the car show starting at 10 a.m. on June 24. Decorating materials will be supplied. Prizes awarded for groups: 5 years and under, 6-10 years old, and 11 years and over. Judging will take place at 1:00 p.m. All participants will receive a door prize. Registration required.

INFO: Ext. 4387

Register: tbhfoundation.com



SUPPORT GROUPS

June 6

M.O.M.S.

TBH 2nd Floor Conference Room
10:30 am - 11:30 am

All new mothers and their babies are welcome. Discussion includes topics such as feeding/nursing issues & sleep habits. Co-sponsored by The Breastfeeding Coalition of Sandusky County and the Sandusky County WIC Program.

INFO: Ext. 4363

June 6

DIABETES

TBH East Conference Room
12:30 pm - 1:30 pm

"What do your labs mean?" presented by Denise Bullion, RN, CDE. The support group is free and open to the public.

INFO: Ext. 4303

June 6

REIKI

TBH Conference Rooms A&B
6:00 pm - 8:00 pm

Topic will be "Emotional Freedom Tapping." Reiki sessions are free and open to the public and nurses who are Reiki practitioners.

INFO: Contact Patricia Zilles at 419.355.1283

Information on TBH screenings, programs and events may also be found on our website at www.bellevuehospital.com, and on The Bellevue Hospital Facebook page.



A Centennial Golf Celebration
1917-2017

37th Annual Foundation Golf Outing

July 19, 2017

Green Hills Golf Course, Clyde, Ohio



Join in the fun as The Bellevue Hospital celebrates 100 Years of Caring. To commemorate this once-in-a-lifetime opportunity, prizes will be awarded for teams golfing in their best 1917 historical golf attire. All members of the foursomes must participate for prize consideration.

Help us celebrate 100 years – In Style!

Sponsorship opportunities available! For more information, or to register, contact The Bellevue Hospital's Foundation Office at 419.483.4040, Ext. 4319 or register online: tbhfoundation.com.

Registration – 8:30 a.m. Shotgun Start – 10:00 a.m.

Looking For A New OB/GYN?



Corey Fazio, D.O. Obstetrics and Gynecology

Board certified. Specializing in women's healthcare, annual exams, screenings, family planning services, gynecological care, infertility evaluation, menopausal care, and obstetrical care.

1400 W. Main St., Building 1 ~ Bellevue, OH 44811
419.483.2494



Gregory Karasik, M.D. Obstetrics and Gynecology

Board certified. Specializing in women's healthcare, obstetrics, gynecology, pregnancy, delivery, infertility, menopause, and pelvic surgery.

1400 W. Main St., Building 1 ~ Bellevue, OH 44811
419.483.2494



Andrea Moore, M.D. Obstetrics and Gynecology

Providing care for women throughout their entire lives and specializing in delivering "life's little treasures."

1005 W. McPherson Hwy. ~ Clyde, OH 43410
419.547.4285

Great Lakes
Physicians

The Bellevue Hospital