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HEALTHnews
THE BELLEVUE HOSPITAL

May 2017



TBH Receives an "A" for Patient Safety

The Bellevue Hospital has received an "A" Safety Grade rating from The Leapfrog Group, for its commitment to reducing errors, infections, and accidents that can harm patients. Nationally, TBH is one of 823 hospitals to receive an "A" rating.

"I am pleased with the collective efforts of the Family of The Bellevue Hospital - our employees, medical staff and volunteers - in providing a safe patient experience and being recognized nationally for their efforts," Michael K. Winthrop, President and CEO of The Bellevue Hospital, said.

"Our team works hard every day, often under difficult and stressful circumstances, to assure our patients are treated in the most competent, safe and caring manner. Patient safety has always been a top priority at our hospital, I am proud our hospital family is being recognized for their efforts," Winthrop added.

"Hospitals earning top marks nationally in the Leapfrog Hospital Safety Grade, have achieved the highest safety standards in the country," said Leah Binder, president and CEO of The Leapfrog Group.



"That takes commitment from every member of the hospital staff, who all deserve thanks and congratulations when their hospital achieve an "A" Safety Grade," Binder added.

The Leapfrog groups is a nonprofit organization committed to driving quality, safety and transparency in the US health care system, and assigns, letter grades to hospitals nationwide.

To see The Bellevue Hospital's full grade, and access patient tips for staying safe in a hospital visit www.hospitalafetygrade.org.



Please enjoy our **HEALTH**news to help keep you informed.

Join us on Facebook and visit our website at www.bellevuehospital.com. Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



The Bellevue Hospital is celebrating National Hospital Week and recognizing the "Healing Heart of Healthcare." This month, please join us in thanking the many hardworking individuals who are our hospital, and who give their all to their neighbors. From providing medical care in our facilities to running vital programs in our communities, The Bellevue Hospital is committed to supporting the health and well-being in and around the communities we serve.

CALENDAR of Events

For more information, or to register for the events listed:

Bellevue: 419.483.4040 ~ Clyde: 419.547.0074

Fremont, Old Fort, Green Springs & Republic: 419.639.2065

Extension numbers listed below:

COMMUNITY HEALTH PROGRAMS

FASTING GLUCOSE TESTS AND BLOOD PRESSURE CHECKS

Free community health screenings offered in May.
INFO: Ext. 6610

May 8
9:30 am - 11:00 am
Medicine Shoppe, Bellevue

May 9
9:00 am - 11:00 am
Bassett's Market, Bellevue

May 16
9:00 am - 11:00 am
Hogue's IGA, Bellevue

May 17
9:00 am - 11:00 am
Miller's SuperValu, Clyde

May 22
8:00 am - 10:00 am
Rec Center, Bellevue

May 25
10:30 am - 11:30 am
Senior Center, Clyde

May 30
Noon - 1:00 pm
Senior Center, Bellevue

Make Healthy Food Choices



May 1 MORNING HEALTH BREAK

TBH Conference Rooms A&B
8:00 am - 11:00 am
Free blood pressure and fasting glucose checks; A1C screening (\$10). Educational literature, a light breakfast and a registered nurse to answer questions about health. INFO: Ext. 6610

May 4 SIBLINGS EDUCATION CLASS

TBH 2nd Floor Conference Room
6:00 pm - 7:30 pm
Expectant brothers and sisters, ages 2 and over, learn what to expect from a new baby. Siblings make a present for new baby and tour the Family Birthing Center. Refreshments served. (\$5 per child, maximum \$10 per family.) INFO: Ext. 3067

May 6 PRE-DIABETES WORKSHOP

TBH Conference Rooms A&B
9:00 am - 11:00 am
9-10 am: Diagnosis and Care for Pre-Diabetes with instructor Denise Bullion, RN, CDE. 10-11 am: Cooking School – Information on Cooking, Utensil Selection & Meal Preparation with instructor Patti Keller, RD, LD, CDE. INFO: Ext. 4303

Exercise Regularly



May 11 BREASTFEEDING BASICS

TBH Conference Rooms A&B
6:00 pm - 8:00 pm
Expectant mothers' questions on nutritional benefits and techniques of breastfeeding will be answered. (Fee of \$10.) INFO: Ext. 3067

May 13 13TH ANNUAL KIWANIS BLOOD ANALYSIS PROGRAM

TBH Main (South) Entrance
6:30 am - 11:30 am
14-Hour fasting (water is okay), blood analysis, blood pressure checks, health displays and information. Free continental breakfast. The Kiwanis Blood Analysis is to establish baseline lab values and identify health risks. Appointments can be scheduled May 1-5 from 8:00 a.m. - 4:00 p.m. (Fee of \$50. Cash, checks, major credit & HSA Red cards accepted.) INFO: Ext. 4326

May 18 MATURE AUDIENCE LUNCHEON

Bellevue Society for the Arts
205 Maple St., Bellevue
11:30 am - 1:00 pm
"Scams Against Seniors," presented by Nancy Hendricks, Toledo Area Better Business Bureau. The public is invited to attend. A lunch fee of \$3. Reservations are requested. INFO: Ext. 4899

May 23 YOGA FITNESS CLASSES

Knights of Columbus Hall
816 Monroe St., Bellevue
5:30 pm - 6:30 pm
Classes are a series of six sessions on Tuesdays and Wednesdays. Fee is \$20 for six classes from May 23 through June 28. Co-sponsored by the Bellevue Recreation Department. INFO: Ext. 4206

May 24 RED CROSS BLOODMOBILE

TBH Conference Rooms A&B
9:30 am - 3:30 pm
Open to the public. To donate, you need to weigh between 110-350 pounds and be at least 17 years old. Walk-ins may be accepted. Schedule appointment at 1-800-Red-Cross, or visit: www.redcrossblood.org, enter sponsor code BELLEVUEHOSP.

SUPPORT GROUPS

May 2 M.O.M.S.

TBH 2nd Floor Conference Room
10:30 am - 11:30 am
All new mothers and their babies are welcome. Discussion includes topics such as feeding/nursing issues & sleep habits. Co-sponsored by The Breastfeeding Coalition of Sandusky County and the Sandusky County WIC Program. INFO: Ext. 4363

May 9 DIABETES

TBH East Conference Room
12:30 pm - 1:30 pm
"Travel Tips," presented by Denise Bullion, RN, CDE. The support group is free and open to the public. INFO: Ext. 4303

May 9 REIKI

TBH Conference Rooms A&B
6:00 pm - 8:00 pm
Reiki Healing Touch Group Circle classes, presented by Patricia Zilles, Reiki master practitioner. Topic will be "Self Healing." Reiki sessions are free and open to the public. INFO: Contact Patricia Zilles at 419.355.1283

May 23 CARDIAC SUPPORT

TBH Conference Rooms A&B
3:00 pm - 4:00 pm
"Diabetes Link to Heart Disease," presented by Denise Bullion, RN, CDE. The support group is free and open to the public. INFO: Ext. 4303

Happy MEMORIAL day

Information on TBH screenings, programs and events may also be found on our website at www.bellevuehospital.com, and on The Bellevue Hospital Facebook page.



Dr. D. Ross Irons Centennial 5K Memorial Run/Walk

June 23, 2017 ~ 7:00 p.m.

Bellevue High School Track, 200 Oakland Ave., Bellevue

Course: Flat, out and back
Pre-Entry Fee: \$25 (Includes long-sleeve shirt); \$15 (no shirt)
Pre-Entry Deadline: June 10, 2017
Race Day Fee: \$30 (Does not include shirt)
Race Day Registration/Package Pickup: 6:00 p.m. – 6:45 p.m.



Bellevue High School Parking Lot, 200 Oakland Ave., Bellevue

Early Bird Registration - \$10
Day of Show - \$20

- Dash plaques for the first 50 registered vehicles.
- Plaques for Best of Show in car, truck, and motorcycle categories
- Door Prizes



Bike Decorating Contest!

As part of the Dr. Elbert D. Lawrence Classic Car, Truck, and Motorcycle Show, The Bellevue Hospital's BeWell committee is inviting community youth to participate in the 1st Annual Bike Decorating Contest.



Children are invited to bring their bikes to the Car Show starting at 10 a.m. on June 24. Decorating materials will be supplied.

Prizes will be awarded based on the following age groups: 5 years and under, 6-10 years old, and 11 years and over. Judging will take place at 2:00 p.m.

To register for the bike decorating contest, contact The Bellevue Hospital's Human Resources Department at 419.483.4040, Ext. 4387 or humanresources@bellevuehospital.com.

For more information on the 5K Memorial Walk, or Car Show, contact The Bellevue Hospital's Foundation Office at 419.483.4040, Ext. 4319.