



1400 West Main Street
P.O. Box 8004
Bellevue, Ohio 44811
419.483.4040

Breast Cancer Awareness & Early Detection



Early detection is key to surviving breast cancer. The Bellevue Hospital wants to remind you to schedule your mammogram. Encourage your family members and friends to schedule their mammograms too!

Mammogram screenings may be conveniently scheduled at two locations:

- **The Bellevue Hospital**
1400 West Main Street, Bellevue
- **The Fultz Medical Center for Women's Health**
1005 W. McPherson Hwy., Clyde

Appointments are Required.
419.483.4040, Ext. 4326

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October Is "Talk About Your Medicines" Month

This October marks the National Council on Patient Information and Education's (NCPPIE) 29th Annual "Talk about Your Medicines Month." This educational campaign encourages more effective communication between patients/caregivers and pharmacists.

The Bellevue Hospital's (TBH) Medication Management Clinic is currently geared for patients taking anticoagulant medications and/or taking multiple medications.

The Medication Management Clinic offers:

- Personal education, training and reviews
- Constant monitoring
- Enhanced communication between healthcare providers and the patient
- Personalized treatment plans monitored by our Certified Anticoagulation Pharmacists

Some examples of anticoagulant medications are Coumadin (warfarin), Heparin, Xarelto, Pradaxa, Eliquis, and Lovenox. Anticoagulants are taken to prevent and control the development of blood clots. Managing anticoagulation



medications is important since these medications may be dangerous if not monitored.

Individuals taking anticoagulant medications or multiple medications are eligible for the Medication Management Clinic upon referral by a physician. Most insurance plans will cover this service, but patients should check with their insurance providers prior to making an appointment.

TBH's Medication Management Clinic is currently open on Tuesdays, Wednesdays, and Thursdays from 8 a.m. until 4:30 p.m., by appointment. Call 419.484.5970 for additional information.



Please enjoy our **HEALTHnews!**

Join us on Facebook and visit our website at www.bellevuehospital.com. Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



The Bellevue Hospital Offers Seasonal Flu Shot Clinics

The Bellevue Hospital is offering seasonal flu shots for anyone ages 18 years and older. The cost is \$30 for the regular vaccine. A high-dose vaccine for ages 65 and older is \$65. The shots will be fully covered for those with Medicare Part B or Medicare Advantage cards only. Those who are eligible must present their Medicare Part B/Medicare Advantage card prior to receiving the flu shot. No Medicaid or private insurance will be accepted to cover the cost of seasonal flu shots. Cash and check payments will also be accepted.

The schedule includes:

- Oct. 24 9:00 – 11:00 a.m. St. Paul's Lutheran Church, Clyde
- Oct. 25 9:00 – 11:00 a.m. TBH Burson Conference Rooms A&B
- Nov. 1 4:00 – 6:00 p.m. TBH East Conference Room

The flu vaccine does not cause the flu and pregnant women should consult their doctor before receiving the seasonal flu shot. Also, anyone who is allergic to eggs should not receive the vaccine. **INFO: 6610**

CALENDAR of Events

For more information or to register for the events listed:

Bellevue: 419.483.4040 ~ Clyde: 419.547.0074

Fremont, Old Fort, Green Springs & Republic: 419.639.2065

Extension numbers listed below:

COMMUNITY HEALTH PROGRAMS

FASTING GLUCOSE TESTS AND BLOOD PRESSURE CHECKS

Free community health screenings offered in October.
INFO: Ext. 6610

October 10

9:00 am - 11:00 am
Bassett's Market, Bellevue

October 17

9:00 am - 11:00 am
Hogue's IGA, Bellevue

October 23

8:00 am - 10:00 am
Rec Center, Bellevue

October 26

10:30 am - 11:30 am
Senior Center, Clyde

October 31

Noon - 1:00 pm
Senior Center, Bellevue

October 2

MORNING HEALTH BREAK

TBH Conference Rooms A&B
8:00 am - 11:00 am

Free blood pressure and fasting glucose checks; fasting cholesterol screening (\$10); thyroid check (\$20); prostate screening (\$25). Educational literature, a light breakfast and a registered nurse to answer questions about health.
INFO: Ext. 6610



October 7 & 14

LAMAZE PREPARED CHILDBIRTH CLASS

TBH Conference Rooms A&B
8:30 am - 12:30 pm

Prepares expectant parents for a positive birth experience. Topics: Stages of labor; progressive relaxation; breathing techniques; medication uses; nutrition; weight gain; and, anatomy. Tour the Family Birthing Center. The class is two sessions. Participants must attend both sessions. Fee of \$30.
INFO: Ext. 3067

October 8

SMOKING CESSATION PROGRAM

TBH Conference Rooms A&B
3:00 pm - 5:00 pm

TBH and The Ohio State University at Lima are offering a seven-week treatment and research program designed to help people stop smoking. Behavior modification therapy, hypnosis and nicotine replacement therapy is involved. Classes are Sundays - Oct. 8, Oct. 15 and Oct. 22, from 3:00-5:00 p.m. Two support sessions are scheduled for Sundays, Nov. 5 and Nov. 19, from 3:00-4:00 p.m. Class is open to the first 25 participants to register.
INFO: Ext. 4244



October 17

EVENING HEALTH BREAK

TBH Conference Rooms A&B
5:00 pm - 7:00 pm

Free blood pressure; fasting glucose checks; and A1C test (\$10). Educational literature, light snacks and a registered nurse to answer questions about health.
INFO: Ext. 6610

October 19

MATURE AUDIENCE LUNCHEON

Bellevue Society for the Arts
205 Maple St., Bellevue
11:30 am - 1:00 pm

The Toledo Zoo will be presenting a live animal program. The public is invited to attend. A lunch fee of \$3. *Reservations are requested.*
INFO: Ext. 4899

SUPPORT GROUPS

October 3

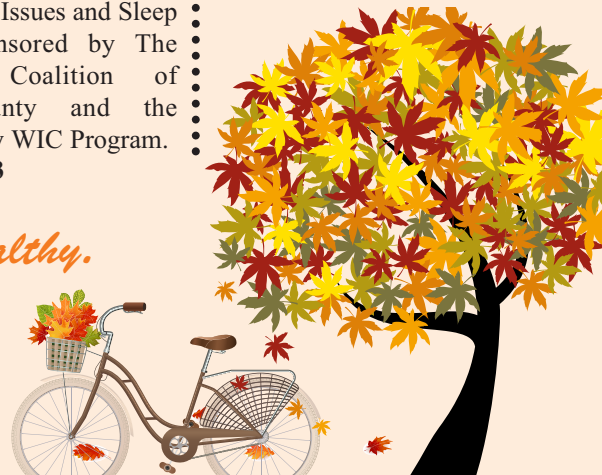
M.O.M.S.

TBH 2nd Floor Conference Room
10:30 am - 11:30 am

All new mothers and their babies are welcome. Discussions include Feeding/Nursing Issues and Sleep Habits. Co-sponsored by The Breastfeeding Coalition of Sandusky County and the Sandusky County WIC Program.
INFO: Ext. 4363

Stay Healthy.

Stay Fit.



October 10

DIABETES

TBH East Conference Room
12:30 pm - 1:30 pm

"The Diabetic Foot," presented by Denise Bullion, RN, CDE. The support group is free and open to the public.
INFO: Ext. 4303

October 10

REIKI

TBH Conference Rooms A&B
6:00 pm - 8:00 pm

Reiki Healing Touch Group Circle classes, presented by Patricia Zilles, Reiki master practitioner. Topics vary by month. Reiki sessions are free and open to the public and nurses who are Reiki practitioners.
INFO: Contact Patricia Zilles at 419.355.1283

Information on TBH screenings, programs and events may also be found on our website at www.bellevuehospital.com, and on The Bellevue Hospital Facebook page.



100th Anniversary of The Bellevue Hospital
Is Your Heart Set On A Vette?

\$100,000 GRAND PRIZE OR A NEW CORVETTE PLUS \$40,000

\$100 PER TICKET

DRAWING FEBRUARY 14, 2018

The Bellevue Hospital Foundation

CAR RAFFLE

In cooperation with Steinle Chevrolet-Buick

Early Bird Drawings!

Nov. 14 - \$1,000

Dec. 14 - \$750

Jan. 15 - \$500

OTHER PRIZES:

2nd Prize: \$2,018

3rd Prize: \$1,918

4th Prize: \$1,500

5th Prize: \$1,000

Only 2,018 Tickets to be sold!

BUY YOUR TICKETS NOW!

800.850.5528 ♥ www.VetteRaffle.com ♥ Or Scan this CODE →



The sooner you buy your tickets, the faster you can START WINNING!!!



100th Anniversary Celebration
Is Your Heart Set On A Vette?

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Only 2,018 tickets to be sold!

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Exp. Date: _____ 3 Digit Code: _____

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Signature: _____

Number of Tickets: _____ @ \$100 Each

Total Enclosed: \$ _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (Day): _____ (Cell): _____

For Additional Information: 800.850.5528

Mail to: The Bellevue Hospital Foundation, 1400 W. Main St., Bellevue, Ohio 44811

Tickets sold at: The Bellevue Hospital Gift Shop; Steinle Chevrolet-Buick, Clyde & Fremont; Bellevue Beverage Center

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