

HEALTHnews

THE BELLEVUE HOSPITAL



Dear Community,

After the long, cold days of winter, we have hope for more sunshine, green grass and warmer weather. On The Bellevue Hospital (TBH) campus, we are definitely beginning to see signs of spring's arrival.

Two community programs that become more active in the spring are the Community Garden and TBH's Wellness and Walking Trail.

In its 11th year, the Community Garden is a co-partnership between TBH and the City of Bellevue. All produce grown in the garden is donated to Bellevue Fish and Loaves and Clyde Backdoor Food Pantries to aid those in need. With the help of volunteers and Master Gardeners, nearly five tons of produce has been grown and donated over the duration of this project.



To prepare for the 2022 growing season, renovations are under way to replace the 18 original garden boxes, which had seen some weather damage, and add a stone gravel driveway to provide easier access to the garden.

As the weather becomes warmer, I also am amazed at the amount of employees and community members who are walking on TBH's Wellness and Walking Trail. The trail, which opened in the spring of 2008, is a safe place for our community members to enjoy fresh air, beautiful scenery and a healthy walk. For a map of the trail, visit www.bellevuehospital.com/programs/wellness-walking-trail.

These are just two of the ways The Bellevue Hospital works with the community to promote health and wellness. We hope this spring you will visit us, check out the progress in the community garden and take a walk for a healthier life.

Yours in Wellness,

Timothy A. Buit
President and CEO

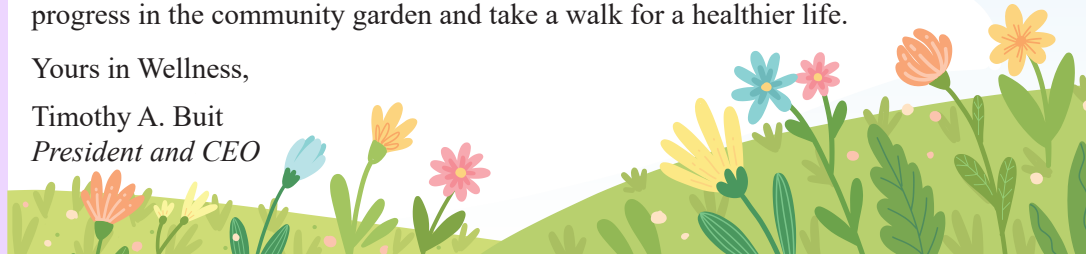


THE BELLEVUE HOSPITAL

Quality Care, Close To Home

Please enjoy our **HEALTHnews** to help keep you informed.

Join us on Facebook and visit our website at www.bellevuehospital.com. Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



Direct Access Laboratory Testing Available at TBH

Monitoring your health on a regular basis is an important part of your health and wellness plan. The Bellevue Hospital (TBH) continues to offer Direct Access Testing which allows you to order your own laboratory tests at an affordable price when you want them – without a physician’s order. Direct Access Testing is available at TBH’s main laboratory inside the hospital, located at 1400 W. Main Street in Bellevue.

Hours for TBH’s outpatient laboratory services are:

- Monday – Friday 6:30 a.m. – 5:00 p.m.
- Saturday 6:30 a.m. – 1:00 p.m.

Appointments are not necessary, but pre-registration is required. To pre-register, call 419.483.4040, Ext. 0.



Direct Access Testing will not be coded or billed to insurance and must be paid for at the time of the service. Check and debit/credit card payments are accepted. See below for testing and pricing:

- Complete Blood Count with Basic Metabolic/Lipid Panel - \$50
- Hemoglobin A1C - \$20
- Lipid Panel - \$20
- Pregnancy - \$15
- Prostate Screen (PSA) - \$30
- Thyroid Stimulating Hormone (TSH) - \$25
- Vitamin D - \$35

Please note that some tests require a 10 – 12 hour fasting prior to the testing.

To learn more about the Direct Access Testing available, visit [bellevuehospital.com/services/laboratory-services](https://www.bellevuehospital.com/services/laboratory-services).

GETTING YOUR AFFAIRS IN ORDER: Advance Care Planning

Making healthcare decisions for yourself or someone who is no longer able to do so can be overwhelming. That’s why it’s important to get a clear idea about preferences and arrangements while you can make decisions and participate in legal and financial planning together.

Use this checklist to ensure healthcare and financial arrangements are in place before serious illness or a healthcare crisis.

- ✓ **Start discussions** early with your loved one while everyone can still help make decisions.



- ✓ **Create documents** that communicate **healthcare, financial management,** and **end of life** wishes for yourself and the people you care for, with legal advice as needed.



- ✓ **Review plans regularly,** and update documents as circumstances change.



- ✓ **Put important papers in one place.** Make sure a trusted family member or friend knows the location and any instructions.



- ✓ **Make copies of healthcare directives** to be placed in all medical files, including information on every doctor seen.



- ✓ **Give permission** in advance for a doctor or lawyer to talk directly with a caregiver as needed.



- ✓ **Reduce anxiety** about funeral and burial arrangements by planning ahead.



Want to Say Thank You to a Special Hospital Employee?

If a particular member of our hospital Family has made your experience at TBH extra special, you can nominate that individual for a DAISY or BEE Award. The DAISY Award for Extraordinary Nurses® can be given to a nurse at TBH, and the BEE Award can be given to any staff member that supports patient care.



The DAISY Award for Extraordinary Nurses® is an international award supported by the DAISY Foundation, a nonprofit organization with a mission to recognize the extraordinary, compassionate care that nurses provide patients and families every day.

The DAISY Foundation was established in memory of J. Patrick Barnes, by members of his family. Patrick died at the age of 33 in late 1999 from complications of Idiopathic Thrombocytopenic Purpura (ITP), a little known but not uncommon autoimmune disease. (DAISY is an acronym for Diseases Attacking the Immune System.) The care Patrick and his family received from nurses while he was ill inspired this unique means of thanking nurses for making a profound difference in the lives of their patients and patient families.



Just like a DAISY would not be able to grow without the help of the BEE, our nurses could not do what they do for our patients without the outstanding teamwork of other health care professionals.

That's why TBH recognizes support personnel alongside nurses through a similar honor called the BEE Award. The BEE Award celebrates and honors the exceptional skills and dedication given by our non-nursing staff every day. It stands for Being Excellent Every Day and acknowledges the strength behind teamwork.

Anyone at TBH who supports patient care can be nominated for the BEE Award. Nominations can be submitted by patients, families, visitors and colleagues. Recipients will be chosen by

Nurses at TBH may be nominated by patients, families, visitors and colleagues. The award recipient is chosen by a committee at TBH to receive The DAISY Award. Awards are presented throughout the year at celebrations attended by the honoree's colleagues. Each honoree receives a certificate commending her or him as an "Extraordinary Nurse." Honorees also receive a DAISY Award pin and a beautiful and meaningful sculpture called "A Healer's Touch," hand-carved by artists of the Shona Tribe in Zimbabwe.

To nominate a TBH nurse for the DAISY Award, visit www.daisynomination.org/TBH. Paper nomination forms may also be found in various locations throughout the hospital.

a committee at TBH and will be honored with the BEE Award throughout the year.

Each honoree receives a BEE Award pin, a certificate recognizing her or him as an extraordinary team member, and meaningful hand-carved sculpture.

To nominate a non-nursing staff member at TBH for the BEE Award, visit www.bellevuehospital.com/bee-award-nomination. Paper nomination forms may also be found in various locations throughout the hospital.

For more information or questions about either award, call 419.483.4040, Ext. 4203.



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 POSTAL CUSTOMER

THE BELLEVUE HOSPITAL WELCOMES

Darin Scribner, D.O. – Board Certified in Pain Management

Dr. Darin Scribner has joined the staff of The Bellevue Hospital as an interventional pain management physician. He is board certified in Pain Management and brings to the local area experience in evaluating, diagnosing and treating many types of pain.

Dr. Scribner creates a tailored care plan specific to each diagnosis and designed with the goal of decreasing pain and increasing functionality for patients. He also practices at Henry County Hospital in Napoleon and Community Health and Wellness in Archbold and Bryan.

Education:

Bachelor of Science in Biochemistry, Hiram College – Hiram, OH
 Doctor of Osteopathic Medicine, Ohio University Heritage College of Osteopathic Medicine – Athens, OH

Fellowship:

Pain Medicine, University of California – Irvine, Irvine, CA

Residency:

Physical Medicine and Rehabilitation, University of Michigan – Ann Arbor, MI



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