



## The Bellevue Hospital Collaborates with The Toledo Clinic to Bring Cancer Care Services Close to Home

The Bellevue Hospital (TBH), in collaboration with The Toledo Clinic (TTC), will soon bring cancer care services close to home for Bellevue residents and the surrounding areas. This service is housed in the hospital and conveniently located on the first floor.

“When someone receives a cancer diagnosis, it is important to be able to access physicians and services near home,” said Timothy Buit, TBH’s president and chief executive officer. “That is why TBH and TTC have decided to collaborate to provide the expertise needed to help our residents navigate through this challenging disease without traveling to a larger city for care.”



**Apoorva Chawla, M.D.**  
Board Certified in Medical  
Oncology & Hematology

Beginning Tuesday, April 11, TBH will be offering a new physician-run hematology/oncology clinic led by The Toledo Clinic Cancer Center’s Apoorva Chawla, M.D. In addition, TBH’s skilled staff will provide services such as chemotherapy and immunotherapy, a treatment that uses a person’s own immune system to fight cancer.

Dr. Chawla is board certified in internal medicine and medical oncology by the American Board of Medical Specialties. He specializes in breast cancer, lung cancer and gastrointestinal cancers. Dr. Chawla has more than seven years of experience and graduated from Cornell University with a bachelor’s of science degree with distinction and Indiana University School of Medicine with his doctor of medicine degree. He completed an internal medicine residency at Harvard Medical School: Beth Israel Deaconess Medical Center and a clinical fellowship in Hematology/Oncology at The University of Chicago Medical Center.

“The Toledo Clinic Cancer Centers are dedicated to defining, delivering and coordinating standards for evidence-based, value-driven cancer care across Northern Ohio and Southern Michigan,” said Dr. Rex Mowat, managing partner of The Toledo Clinic Cancer Centers. “This commitment is evident in the constant partnerships, like our new collaboration with The Bellevue Hospital, and enhancements of services, programs, outreach and new initiatives.”

**Dr. Chawla is accepting new patients. To make an appointment in Bellevue, call 419.484.5440. A physician order is required. For more information on Cancer Care and Infusion Services, visit [bellevuehospital.com](http://bellevuehospital.com).**



**THE BELLEVUE HOSPITAL**  
*Quality Care, Close To Home*

Please enjoy our **HEALTH**news to help keep you informed.

Join us on Facebook and visit our website at [www.bellevuehospital.com](http://www.bellevuehospital.com). Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



# CALENDAR of Events



For more information, or to register for the events listed, call 419.483.4040 and reference the extension numbers listed below. Information on TBH screenings, programs and events also can be found on our website at [bellevuehospital.com](http://bellevuehospital.com) and on The Bellevue Hospital Facebook page.

## COMMUNITY HEALTH PROGRAMS

### WEDNESDAY, APRIL 5 Morning Health Break

**8:00 a.m. – 10:00 a.m.** *TBH Burson Conference Room*

This event includes free blood pressure and fasting glucose checks, educational literature, a light breakfast and a registered nurse to answer health questions. At 9:00 a.m., a member of TBH's cardiac rehabilitation team will be discussing topics related to heart health. Reservations are not required. Pre-registration is required if Direct Access Lab testing is wanted or needed. Direct Access Tests available include:

- A1C Screening (\$20)
- Lipid Panel Screening (\$20)
- PSA (Prostate) Screening (\$30)
- Vitamin D (\$35)
- TSH (Thyroid) Screening (\$25)
- Complete Blood Count with Metabolic and Lipid Panel (\$50)

To pre-register for lab testing, call 419.483.4040, Ext. 0.

### THURSDAY, APRIL 20 Mature Audience Luncheon

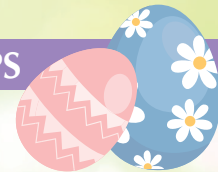
**11:30 a.m. – 1:00 p.m.** *Bellevue Society for the Arts  
205 Maple St., Bellevue*

A speaker from The Ohio State University's Erie County Agriculture

and Natural Resource Department will present helpful tips and information on composting and gardening. The public, age 55 and older, is invited to attend. The lunch fee is \$3. Reservations are requested. **INFO: Ext. 6610.**

## SUPPORT GROUPS

### TUESDAY, APRIL 18 M.O.M.S.



**10:30 a.m. – 11:30 a.m.** *TBH Burson Conference Room*

All new mothers and their babies welcome. This free class is facilitated by a certified lactation consultant and discussions include breastfeeding topics, life adjustment challenges and sleeping habits. **INFO: Ext. 4611.**

### TUESDAY, APRIL 18 Diabetes

**12:30 p.m. – 1:30 p.m.** *TBH East Conference Room*

TBH's Diabetes Education Department provides specialized education to help adults and children with diabetes maintain a healthy lifestyle. The support group is free and open to the public. Topics of discussion include diet, exercise, medication and monitoring. **INFO: Ext. 4303.**



## Want to Say Thank You to a Special Hospital Employee?



*If a particular member of our hospital Family has made your experience at TBH extra special, you can nominate that individual for a DAISY or BEE Award. The DAISY Award for Extraordinary Nurses® can be given to a nurse at TBH, and the BEE Award can be given to any staff member that supports patient care.*

The DAISY Award for Extraordinary Nurses® is an international award supported by the DAISY Foundation, a nonprofit organization with a mission to recognize the extraordinary, compassionate care that nurses provide patients and families every day.

The DAISY Foundation was established in memory of J. Patrick Barnes. Patrick died at the age of 33 in late 1999 from complications of Idiopathic Thrombocytopenic Purpura (ITP), a little known but not uncommon autoimmune disease. (DAISY is an acronym for Diseases Attacking the Immune System.) The care Patrick and his family received from nurses while he was ill inspired this unique means of thanking nurses for making a profound difference in the lives of their patients and patient families.

Nurses at TBH may be nominated by patients, families, visitors and colleagues. The honoree receives a certificate commending her or him as an "Extraordinary Nurse." Honorees also receive a DAISY Award pin and a beautiful and meaningful sculpture called "A Healer's Touch," hand-carved by artists of the Shona Tribe in Zimbabwe.

Just like a DAISY would not be able to grow without the help of the BEE, our nurses could not do what they do for our patients without the outstanding teamwork of other health care professionals. That's why TBH recognizes support personnel alongside nurses through a similar honor called the BEE Award. The BEE Award celebrates

and honors the exceptional skills and dedication given by our non-nursing staff every day. It stands for Being Excellent Every Day and acknowledges the strength behind teamwork.

Anyone at TBH who supports patient care can be nominated for the BEE Award. Nominations can be submitted by patients, families, visitors and colleagues. Each honoree receives a BEE Award pin, a certificate recognizing her or him as an extraordinary team member, and a meaningful hand-carved sculpture.

Anyone who would like to nominate a TBH nurse for the DAISY Award, visit [www.daisynomination.org/TBH](http://www.daisynomination.org/TBH). To nominate a support staff member at TBH for the BEE Award, visit [www.bellevuehospital.com/bee-award-nomination](http://www.bellevuehospital.com/bee-award-nomination). Paper nomination forms for both awards may also be found in various locations throughout the hospital.

**For more information or questions about either award, call 419.483.4040, Ext. 4203.**



# \$100,000 GRAND PRIZE OR A NEW CORVETTE PLUS \$40,000

The Bellevue Hospital Foundation

**CAR RAFFLE**

In cooperation with Steinle Chevrolet-Buick



*Is Your Heart Set  
On A Vette?*



## \$100 Per Ticket • Drawing held July 26, 2023

We began our "Is Your Heart Set on a Vette?" Corvette raffle 13 years ago to help support The Bellevue Hospital Foundation. Due to the growing popularity of our raffle, we are happy to announce that we are now offering two Vette raffles each calendar year. The next raffle begins April 1, 2023 and will once again feature a Grand Prize of \$100,000 OR a New Corvette and \$40,000!

Buy your tickets between April 1 and April 30 and you will be entered to win special Early Bird prizes!  
Plus, you'll be automatically entered into additional prize drawings and the Grand Prize drawing!

May 1 - \$1,917 Loyalty Club Drawing for Previous Purchasers

June 1 - \$1,000

May 1 - \$500 Drawing for New Ticket Purchasers

June 30 - \$750

**BUY YOUR TICKETS NOW! ♥ 800.850.5528 ♥ [www.VetteRaffle.com](http://www.VetteRaffle.com)**

*Is Your Heart Set  
On A Vette?*



**Only 2,023 tickets  
to be sold!**

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[www.VetteRaffle.com](http://www.VetteRaffle.com)

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Total Enclosed: \_\_\_\_\_ \$

Name: \_\_\_\_\_

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City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone(Day): \_\_\_\_\_ (Cell): \_\_\_\_\_

For Additional Information: 800.850.5528 Email: \_\_\_\_\_

Make checks payable and mail to:

The Bellevue Hospital Foundation, 1400 W. Main St., Bellevue, Ohio 44811

Tickets sold at: Steinle Chevrolet-Buick, Clyde & Fremont and The Bellevue Hospital Gift Shop



Quality Care, Close To Home

1400 West Main Street  
P.O. Box 8004  
Bellevue, Ohio 44811  
419.483.4040

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## Advanced Care Planning

What type of health care would you want if you became too sick to tell the doctor yourself? Plan ahead and have those conversations with your loved ones to make sure you get the medical care you want. Visit [www.nhdd.org](http://www.nhdd.org) for resources available to help make, discuss and document your future healthcare wishes and decisions.



\*\*\*\*\*ECRWSEDDM\*\*\*\*\*  
POSTAL CUSTOMER

## TBH Foot and Ankle Surgeon Receives Patents for Bone Graft Procedures



Peter Highlander, DPM, MS  
Board Certified  
Foot and Ankle Surgeon

Peter Highlander, DPM, MS, a board certified foot and ankle surgeon at The Reconstruction Institute in Bellevue, in partnership with Hensler Surgical Products (HSP), recently received patents from the United States Patent and Trademark office for two orthopedic applications using the Hensler Bone Press™ (HBP).

Dr. Highlander, who is a member of The Bellevue Hospital medical staff, worked with HSP to develop bone graft harvesters that would benefit his patients. Bone grafting, or transplanting of bone tissue, is a surgical procedure used to repair and rebuild diseased bones and joints. Grafts can also repair bone loss caused by some types of fractures or cancers.

“Our goal was to develop new techniques leveraging the capabilities of the bone press that allow for easy, less invasive, and more productive harvesting of lower extremity graft sources,” said Dr. Highlander. “The graft and marrow yield after reaming the tibial canal was more than we anticipated, more so benefiting the patient and containing sheer cost of alternatives.”

Since 2012, the HBP has been primarily for spinal fusion cases. Several years ago, Dr. Highlander approached HSP with an idea to use HBP for orthopedic applications on lower extremity cases. The two newly patented techniques focus on Intramedullary (IM) post-reaming and tibial condyle harvesting methodology. The broader range of multi-disciplinary surgical applications will improve fusion outcomes and cost containment through smaller cortical windows and within the created tibial medullary

canal, already prepared for hardware placement, specifically tibial IM rods and nails.

Clinically proven procedures, engineered around the use of the high-speed drill for both the cortical window and post-reamed medullary canal (i.e. tibial canal) of the patient-derived mixed autologous material, allows for safe and speedy extraction of cancellous bone and liquid bone marrow, from either the lower extremity condyles and/or the intramedullary canal.

“The Highlander procedures, appropriately named after the surgeon who developed the technique, Dr. Highlander, will add a huge element of universal utilization in the operative theater, expanding its use from spinal procedures to lower extremity fusion procedures. The Condylar technique, developed by Dr. Highlander, boasts a small cortical window, that precisely targets autologous bone graft,” said Dr. Thomas E. Melin, neurosurgeon and co-founder of HSP.

“Harvesting cancellous bone and liquid bone marrow from within the tibial condyle(s) and iliac crest is widely accepted. The HBP device boasts (thanks to Dr. Highlander) two patented techniques for orthopedic applications. The end result affords significant patient benefit by allowing the use of local bone and marrow which is the ‘Gold Standard’ in terms of fusion success without impacting their already planned procedure,” said Dr. Melin.

The cases performed have proven high yield harvesting of the two critical sources of autologous material. The device has clinically proven, in three and six month post-fusion analysis, indicating radiographically, strong bony union.

*The Hensler Bone Press™ - Orthopedic Edition is available through Hensler Surgical Products, LLC.*