



**THE BELLEVUE HOSPITAL**  
*Quality Care, Close To Home*

*Please enjoy our **HEALTH** *news* to help keep you informed.*

Join us on Facebook and visit our website at [www.bellevuehospital.com](http://www.bellevuehospital.com). Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



**The Bellevue Hospital joins national movement to celebrate and elevate the cause of women’s health**

As a national movement of hospitals, **The Lipstick Alliance™** creates better health, lifestyle, and beauty experiences for women of all backgrounds and ages. Lipstick is a bond that brings women together. Like the pink ribbon for breast cancer or the red dress for heart disease, lipstick will become an American icon of wellness for women in 2019 and beyond.

The Bellevue Hospital is now the exclusive home of the Lipstick Alliance™ in northwest Ohio to celebrate the power of women to create healthier families in our community. Hospitals are choosing to join the Lipstick Alliance™ of U.S. hospitals to talk to women about what is important to them and how to better help meet their health goals.

“The Bellevue Hospital chose the Lipstick Alliance™ to extend our reach to women where they live, work and play. We want our brand of healthcare to be fresh, colorful, and easy to apply to their lives,” explained Michael K. Winthrop, President & CEO of The Bellevue Hospital. “We are proud to be the exclusive hospital in northwest Ohio for Lipstick Alliance™.”

“We know that 81 percent of American women use lipstick daily so we want to use lipstick as an icon for women to take better care of themselves every single day,” said Tanya Abreu, Executive Director of the Alliance. We want our slogan *Good health. Apply daily!* to be a rally cry for better women’s health.”

Continue to check out [www.bellevuehospital.com](http://www.bellevuehospital.com) and our Facebook page to read more about how you can apply good health habits daily.



# CALENDAR of Events

For more information or to register for the events listed:

Bellevue: 419.483.4040 ~ Clyde: 419.547.0074

Fremont, Old Fort, Green Springs and

Republic: 419.639.2065

Extension numbers listed below:

## COMMUNITY HEALTH PROGRAMS

### GLUCOSE, BLOOD PRESSURE CHECKS

Free health screenings in August. INFO: Ext. 6610

**Tuesday, August 13**

9:00 am-11:00 am

Bassett's Market, Bellevue

**Tuesday, August 20**

9:00 am-11:00 am

Hogue's IGA, Bellevue

**Thursday, August 22**

10:30 am-11:30 am

Senior Center, Clyde

**Monday, August 26**

8:00 am-10:00 am

Rec Center, Bellevue

**Tuesday, August 27**

Noon-1:00 pm

Senior Center, Bellevue

**Monday, August 5**

### MORNING HEALTH BREAK

TBH Conference Rooms A&B

8:00 am – 11:00 am

Free blood pressure and fasting glucose checks; A1C screening (\$10). Educational literature, a light breakfast and a registered nurse to answer health questions. INFO: Ext. 6610

### Thursday, August 15 MATURE AUDIENCE LUNCHEON

Bellevue Society for the Arts

205 Maple St., Bellevue

11:30 am – 1:00 pm

“The American Bald Eagle,” presented by Erie Metroparks. The public age 55 and older is invited to attend. Lunch fee of \$3. Reservations are requested. INFO: Ext. 4899

### Tuesday, August 20 EVENING HEALTH BREAK

TBH Conference Rooms A&B

5:00 pm – 7:00 pm

Free blood pressure and fasting glucose checks; TSH checks (\$20); PSA screenings (\$25). Educational literature, light snacks and a registered nurse to answer health questions. INFO: Ext. 6610

### Wednesday, August 21 DROWN'S GARDEN MARKET

TBH South Entrance

9:00 am – 2:00 pm

Drown's Market of Green Springs will bring produce to the hospital as part of the hospital's efforts to support a healthy lifestyle. The Garden Market is open to the public and offers a wide variety of seasonal fruits and vegetables. Cash, check or credit card will be accepted. INFO: Ext. 4387

## SUPPORT GROUPS

### Thursday, August 1 SERENITY SEEKERS

TBH Conference Rooms A&B

5:30 pm – 7:00 pm

TBH, in association with Stein Hospice, is sponsoring a free six-week adult bereavement group offering comfort to those who have lost a loved one. Meetings begin on Thursday, August 1 and will continue every Thursday through September 5.

INFO: Contact Stein Hospice at 419.625.5269

### Monday, August 5 GRASP (Grief Recovery After a Substance Passing)

TBH Chapel, 2nd Floor

6:00 pm – 7:00 pm

Offers resources, compassion and understanding for individuals and families who have lost a loved one to substance use or addiction. Meetings are free.

INFO: Contact GRASP Support Group Facilitator: Dawn Bova at dawnrb45@gmail.com



### Tuesday, August 13 DIABETES

TBH East Conference Room

12:30 pm – 1:30 pm

Topics vary based on group discussion at monthly meetings. The support group is free and open to the public.

INFO: Ext. 4303



Remember to use a sunscreen with an SPF of 30+ and reapply every 2 hours



For information on TBH screenings, programs and events, visit [www.bellevuehospital.com](http://www.bellevuehospital.com) and The Bellevue Hospital Facebook page.

# The Bellevue Hospital's Family Birthing Center Receives CuddleCot™ Donation



*The Bellevue Hospital is honored to receive a CuddleCot™ for our Family Birthing Center, donated by Christi Jo Guhn Photography, LLC and Ashlie's Embrace. The CuddleCot™ will provide parents and family members more time to spend with baby after a stillbirth or infant loss occurs.*

The Bellevue Hospital (TBH) and Ashlie's Embrace, a registered 501(c)3 organization, are pleased to announce the placement of a CuddleCot™ for the Family Birthing Center at TBH. Ashlie's Embrace partnered with Christi Jo Guhn Photography, LLC, of Clyde, to donate the unit.

Erin and Anthony Maroon of North Canton, Ohio, founded Ashlie's Embrace in 2016 after the loss of their full-term daughter, Ashlie. The organization raises awareness and funds to place CuddleCots™ in medical facilities around the U.S.

The CuddleCot™ consists of a cooling unit and pad that lay in a bassinet and keep a baby cool after a stillbirth or infant loss. The cool temperatures slow the natural changes that occur after death, which gives parents and families more time to spend with the baby and grieve.

"The Family Birthing Center is honored to be chosen by Ashlie's Embrace, with the support and generosity of Christi Jo Guhn Photography, LLC, to receive this CuddleCot™," said Holly Bollenbacher, Director of The Family Birthing Center at TBH. "The CuddleCot™ will provide us with the means to continue our mission to provide the highest quality care to our patients. The cot will allow the Family Birthing Center to provide unlimited, uninterrupted and precious time for parents and their infant, and enhance our ability to offer comfort during such a difficult time."

The device is manufactured and used extensively in the United Kingdom, yet there are fewer than 900 of them in U.S. hospitals.

Guhn is a photographer that specializes in family photos. She is a firm believer in working with her clients to give back to the community.

"I'm so excited to give The Bellevue Hospital this amazing tool to use for their bereaved parents," Guhn said. "The staff and doctors have been extremely supportive of my birth photography through the years, and I really wanted a way to show my thanks and also serve our community."

Maroon said she is grateful to work with Guhn.

"Christi does such important work for families in a devastating situation," Maroon said. "This CuddleCot™ donation speaks volumes as to how much she cares about the people she photographs. We hope it will be a blessing."

All the proceeds from Mother's Day photoshoots performed by Christi Jo Guhn Photography, LLC this past May were donated to purchase the CuddleCot™ for the facility.

To learn more about The Bellevue Hospital's Family Birthing Center, visit [www.bellevuehospital.com](http://www.bellevuehospital.com). If you would like to learn more about the CuddleCot™ and Ashlie's Embrace, visit [www.ashliesembrace.org](http://www.ashliesembrace.org).



*Members of TBH's Family Birthing Center learn how to operate the CuddleCot™ with instruction from Erin Maroon, co-founder of Ashlie's Embrace.*



Quality Care, Close To Home

1400 West Main Street  
P.O. Box 8004  
Bellevue, Ohio 44811  
419.483.4040

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**SWIM SMART!**  
Make sure kid's floaties  
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POSTAL CUSTOMER

## Physician Offices With Newly Extended Hours

Specializing in preventative care for all ages of patients,  
from newborns to geriatrics



**Marc Naderer, MD**  
Board Certified Family Medicine



**Lisa Aichholz, CNP**  
Certified Nurse Practitioner



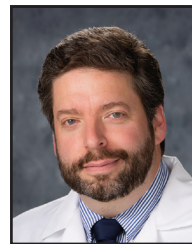
**Dawn Bova, NP-C**  
Certified Nurse Practitioner



402 W. McPherson Hwy. • Clyde, Ohio • 419.547.0340

**New Extended Hours**  
Monday, Tuesday, Thursday:  
8:00 a.m. - 8:00 p.m.  
Wednesday: 8:00 a.m. - 4:30 p.m.  
Friday: 8:00 a.m. - Noon

Specializing in general surgery procedures



**Michael Nill, MD, FACS**  
Board Certified General Surgeon

### New Expanded Hours in Bellevue

Tuesday: 8:00 a.m. - Noon  
Wednesday: 1:00 p.m. - 5:00 p.m.  
Alternating Thursdays and Fridays:  
8:00 a.m. - Noon



1265 West Main Street, Suite A  
Bellevue, Ohio 44811  
419.668.0680

*A physician referral is required.*