



## The Bellevue Hospital Celebrates 100th Procedure on da Vinci Xi Surgical Systems

The Bellevue Hospital (TBH) is proud to announce that its physicians and surgical team have completed the 100th robotic-assisted surgery case utilizing the da Vinci Xi Surgical Systems. The surgeons began performing robotic-assisted surgeries in November 2022 and TBH celebrated this milestone in early June 2023.

“We are proud to offer residents in Bellevue and the surrounding communities advanced surgical options, keeping them close to home for care and allowing them to get back to their everyday lives as quickly as possible,” said Timothy A. Buit, TBH’s president and chief executive officer.



TBH’s two da Vinci Xi Surgical Systems, recently named Lloyd and Floyd based on a naming competition among TBH employees, are designed

with the goal of further advancing the technology used in minimally invasive surgery. The systems can be used across a spectrum of surgical procedures and have been optimized for surgeries in the areas of gynecology, urology, thoracic, cardiac and general surgery.

The da Vinci System features wristed instruments, 3D-HD visualization, intuitive motion, and an ergonomic design that uses advanced robotic, computer and optical technology to assist the surgeon. However, the robot does not act on its own. Its movements are 100% controlled by the surgeon. With the surgeon in control, the robotic-assisted da Vinci System translates his/her hand movements into smaller, more precise movements of tiny instruments inside the patient’s body. The Xi System’s immersive 3D-HD vision system provides surgeons a highly magnified view, virtually extending their eyes and hands into the patient.

Other patient benefits of robotic-assisted surgery include a shorter hospitalization period, quicker healing and return to normal activity, reduced blood loss and reduced post-procedure pain.

“Our investment in this state-of-the-art technology enhances the care we provide to our community and allows our patients to return more quickly to their day-to-day lives,” Buit said.

Those facing minimally invasive surgery should ask their physician if da Vinci robotic-assisted surgery is an option for them. **For more information about the da Vinci Xi Surgical Systems at TBH, visit [bellevuehospital.com](http://bellevuehospital.com).**



**THE BELLEVUE HOSPITAL**

*Quality Care, Close To Home*

Please enjoy our **HEALTH *e*news** to help keep you informed.

Join us on Facebook and visit our website at [www.bellevuehospital.com](http://www.bellevuehospital.com). Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



# CALENDAR of Events

For more information, or to register for the events listed, call 419.483.4040 and reference the extension numbers listed below. Information on TBH screenings, programs and events also can be found on our website at [bellevuehospital.com](http://bellevuehospital.com) and on The Bellevue Hospital Facebook page.

## COMMUNITY HEALTH PROGRAMS

### WEDNESDAY, AUGUST 2 Morning Health Break

8:00 a.m. – 10:00 a.m.  
*TBH Main Station Café*

This event includes free blood pressure and fasting glucose checks, educational literature, a light breakfast and a registered nurse to answer health questions. Reservations are not required. Pre-registration is required if Direct Access Lab testing is wanted or needed. Direct Access Tests available include:

- A1C Screening (\$20)
- Complete Blood Count with Metabolic and Lipid Panel (\$50)
- Lipid Panel Screening (\$20)
- PSA (Prostate) Screening (\$30)
- TSH (Thyroid) Screening (\$25)
- Vitamin D (\$35)

To pre-register for lab testing, call 419.483.4040, Ext. 0.



### WEDNESDAYS, AUGUST 9 & 30 Drown's Garden Market

9:00 a.m. – 1:00 p.m.

*Outside TBH's Main Station Café*

Drown's Market of Green Springs will bring a variety of fresh, seasonal fruits and vegetables to the hospital. The event is open to the public. Cash, check and credit card will be accepted.

INFO: Ext. 4209.



### THURSDAY, AUGUST 17 Mature Audience Luncheon

11:30 a.m. – 1:00 p.m.

*Bellevue Society for the Arts*  
205 Maple St., Bellevue

An educational program from Cherry City Honey Farms and Apiary will be presented. Attendees are encouraged to participate in our honey/bee theme by wearing yellow clothing and accessories. Anyone age 55 and older is invited to attend. The lunch fee is \$3. Reservations are requested. INFO: Ext. 6610.

## SUPPORT GROUPS

### TUESDAY, AUGUST 15 M.O.M.S.

10:30 a.m. – 11:30 a.m.

*TBH Burson Conference Room*

All new mothers and their babies welcome. This free class is facilitated by a certified lactation consultant and discussions include breastfeeding topics, life adjustment challenges and sleeping habits. INFO: Ext. 4611.

### TUESDAY, AUGUST 15 Diabetes

12:30 p.m. – 1:30 p.m.

*TBH East Conference Room*

TBH's Diabetes Education Department provides specialized education to help adults and children with diabetes maintain a healthy lifestyle. The support group is free and open to the public. Topics of discussion include diet, exercise, medication and monitoring. INFO: Ext. 4303.



## TBH Receives The Joint Commission's Gold Seal of Approval



The Bellevue Hospital (TBH) and TBH's Sleep Disorders Center have earned The Joint Commission's Gold Seal of Approval® for Accreditation by demonstrating continuous compliance with its performance standards. The Gold Seal is a symbol of quality that reflects TBH's commitment to providing safe and quality patient care.

TBH recently underwent a rigorous, unannounced on-site review. During the visit, a team of Joint Commission reviewers evaluated compliance with standards of care specific to the needs of patients, including patient rights and education, infection control, leadership, medication management and preventing medical errors.

"With Joint Commission accreditation, we are making a significant investment in quality on a day-to-day basis including all levels of frontline staff and leadership," said Timothy A. Buit,

TBH's president and chief executive officer. "This accreditation provides a framework to take our organization to the next level and helps create a culture of excellence. Achieving Joint Commission accreditation for our organization is a major step toward maintaining excellence and continually improving the care we provide."

The Joint Commission's standards are developed in consultation with health care experts and providers, measurement experts and patients. They are informed by scientific literature and expert consensus to help health care organizations measure, assess and improve performance. The surveyors also conducted on-site observations and interviews.

"As a health care accreditor, The Joint Commission works with health care organizations across settings to help improve patient safety and quality of care through our expert resources and tools, innovative solutions and rigorous standards," said Deborah Ryan, MS, RN, interim executive vice president, Accreditation

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## Back-to-School Food Safety Tips



Foodborne illness affects one in six Americans each year. Children are at an increased risk for foodborne illness and related health complications because their immune systems are still developing. In the U.S., approximately half of all foodborne illness hospitalizations are children.

Back-to-school time is a great reminder that food safety for children depends on their parents and caregivers. If you plan to prepare and pack a lunch or snack for your child – extra care must be taken with perishable food to prevent the growth of bacteria that can cause foodborne illness.

Follow these tips from the Centers for Disease Control and Prevention (CDC) when preparing food for your child:

### Clean: Wash your hands and surfaces often.

- Wash your hands for at least 20 seconds with soap and warm or cold water before, during, and after preparing food and before eating.
- Wash your utensils, cutting boards and counter tops with hot, soapy water after preparing each food item.
- Rinse fresh fruits and vegetables under running water.

### Chill: Refrigerate perishable food promptly.

- Use insulated lunch boxes to help keep your child's food at safe temperatures.
- Make sure items that can spoil (sandwiches, fruit, yogurts and cheeses) are kept cold with an icepack.
- Keep hot food warm with separate insulated containers.

### Separate: Avoid cross-contamination.

- Encourage your child to throw away all used packaging and leftovers that can spoil.
- Wash reusable items that come in contact with food (lunch boxes, bags, ice packs and containers) before each use.

**With back-to-school around the corner, keep your children's health and wellness in mind.**  
**For additional food safety tips, visit [cdc.gov/foodsafety](https://www.cdc.gov/foodsafety).**

## August is National Immunization Awareness Month

August is National Immunization Awareness Month (NIAM). This annual observance highlights the importance of getting recommended vaccines throughout your life. Many diseases can be easily prevented by administering vaccines, and thus, protecting you from unseen viruses. During NIAM, we encourage you to talk to your primary care provider to ensure you and your family take the recommended precautions to stay protected against serious diseases by getting caught up on routine vaccinations.

To see recommended vaccine schedules for adults and children, visit [cdc.gov/vaccines](https://www.cdc.gov/vaccines). For a list of primary care providers at TBH, visit [bellevuehospital.com/medical-providers](https://www.bellevuehospital.com/medical-providers).

Vaccinate  
**on time.**

Getting vaccines at the recommended time is the best way to protect against serious diseases.

National Immunization  
Awareness Month

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and Certification Operations, The Joint Commission. “We commend The Bellevue Hospital for its commitment to advance safety and quality for all patients.”

Founded in 1951, The Joint Commission seeks to continuously improve health care for the public, in collaboration with other stakeholders, by evaluating health care organizations and inspiring them to excel in providing safe and effective care of

the highest quality and value. The Joint Commission accredits and certifies more than 22,000 healthcare organizations and programs in the United States. An independent, not-for-profit organization, The Joint Commission is the nation's oldest and largest standards-setting and accrediting body in health care.

**For more information, please visit The Joint Commission's website at [jointcommission.org](https://www.jointcommission.org).**



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Back to school often means back to sports and an increased risk of concussion. Know your concussion ABCs and know what to do if a concussion occurs.

- Assess the situation
- Be alert for signs and symptoms
- Contact a healthcare professional



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## THE BELLEVUE HOSPITAL WELCOMES

**Steven Copeland, M.D. - Board Certified Orthopaedic Surgeon**



*Dr. Steven Copeland*

**Dr. Steven Copeland** has joined the staff of The Bellevue Hospital and specializes in orthopaedic surgery and sports medicine.

Dr. Copeland creates an individualized treatment plan for every patient with the goal of easing pain and restoring function. He has advanced sports medicine and arthroscopic surgery training and has served as an assistant physician for the Houston Texans, Houston Astros and the University of Houston Cougars athletics.

Dr. Copeland is originally from Findlay, Ohio. He received his medical degree from the University of Chicago Pritzker School of Medicine in Chicago, Illinois. He completed his orthopaedic residency at the University of Chicago Hospitals.

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New Patients*

**419.222.6622 (option 1)**



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