



NEW LOCATION!

Pulmonary Medicine Relocated to Inside Hospital

Dr. Nathan Samsa, pulmonologist for The Bellevue Hospital and Great Lakes Physicians, recently relocated to a new office space at 1400 W. Main Street in Bellevue. He will be seeing new and current patients at this location within the hospital's Cardiopulmonary Department.

Dr. Samsa is board certified in pulmonary medicine and provides outpatient services and management for asthma, chronic obstructive pulmonary disease (COPD), emphysema and other lung diseases. He is currently accepting new patients age 18 and older.

Office hours for Dr. Samsa's new location will be Monday through Thursday, 7:30 a.m. – 5 p.m.

Patients will need to check with their primary insurance carrier to see if self-referral appointments will be covered.

For additional information, call 419.484.5980 or visit bellevuehospital.com.



Nathan Samsa, D.O.
Board Certified
Pulmonary Medicine



THE BELLEVUE HOSPITAL
Quality Care, Close To Home

Please enjoy our **HEALTH *e*news** to help keep you informed.

Join us on Facebook and visit our website at www.bellevuehospital.com. Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



Upcoming Morning Health Breaks

Aug. 23 • Sept. 13

7 a.m. – 11 a.m.

Bellevue Society for the Arts
205 Maple St., Bellevue

- Free Blood Pressure and Fasting Glucose Checks
- A1C Screening (\$10)
- Lipid Panel Screening (\$15)
- TSH (Thyroid) Screening (\$20)
- PSA (Prostate) Screening (\$25)

A registered nurse will be available to answer health questions. Appointments are required and all attendees should wear their own cloth face coverings upon arrival to the event.

To schedule an appointment, call 419.483.4040, Ext. 6610. Deadline to register is at least one week prior to the event. For a full list of Morning Health Breaks, visit bellevuehospital.com.



Updated Laboratory Hours at TBH

The Bellevue Hospital (TBH) has recently updated the main laboratory's hours of operation.

Hours for the 1400 W. Main St. location are Monday through Friday, 6:30 a.m. – 5:00 p.m. and 6:30 a.m. – 1:00 p.m. on Saturdays.

Hours for Family Health Services outpatient laboratory services at 402 W. McPherson Highway, Clyde will remain Monday through Thursday, 8:00 a.m. – 4:30 p.m. and 8:00 – 11:30 a.m. on Fridays.

TBH also has recently updated hours of operation for several campus entrances. They include:

- **South Main Entrance:** (facing State Route 20) Monday through Friday, 6:00 a.m. – 5:00 p.m.; Saturday, 6:30 a.m. – noon; Sunday, closed.
- **Patient Entrance:** Monday through Friday, 6:00 a.m. – 5:00 p.m.; Saturday, 6:30 a.m. – noon; Sunday, closed.
- **Cardiopulmonary Entrance:** Monday through Friday, 6:00 a.m. – 5:00 p.m.; Saturday and Sunday, closed.

Patients and visitors arriving to the hospital after hours can use the Emergency Department entrance.

For the most up-to-date information regarding hospital services, visit bellevuehospital.com.

TBH's Mammography Program Earns ACR Accreditation



TBH's new MAMMOMAT 3D mammography system, from left, with Marc Schoen, director of Diagnostic Imaging; Courtney Bollinger, certified mammographer and David West, M.D., radiologist.

The Bellevue Hospital (TBH) has been awarded a three-year term of reaccreditation in mammography as the result of a recent review by the American College of Radiology (ACR). Mammography is a specific type of imaging test that uses a low-dose X-ray system to aid in the early detection and diagnosis of breast diseases in women.

The ACR gold seal of accreditation represents the highest level of image quality and patient safety. It is awarded only to facilities meeting

ACR Practice Parameters and Technical Standards after a peer-review evaluation by board-certified physicians and medical physicists who are experts in the field. Image quality, personnel qualifications, adequacy of facility equipment, quality control procedures and quality assurance programs are assessed.

“We are very pleased with the results of the inspection,” said Marc Schoen, director of Diagnostic Imaging at TBH. “This rating and reaccreditation reflects the high quality and professionalism of our mammography staff and services.”

This past March, TBH advanced the fight against breast cancer with the purchase and installation of MAMMOMAT Revelation, an innovative 3D mammography system designed to overcome barriers to breast cancer detection and compliance.

“We chose MAMMOMAT Revelation because the wide-angle technology makes it easier to find smaller lesions earlier than with 2D mammography, and with greater accuracy,” continued Schoen.

“Our goal has always been to provide clear images that help make early detection possible, while offering a comfortable and quality experience for our patients during the exam.”

For additional information on the Women's Imaging Center at The Bellevue Hospital, call 419.483.4040, Ext. 4234.



TBH Community Garden - A Growing Opportunity

As a local hospital, TBH aims to not only deliver quality patient care, but also works with several community partners to address both health-related and social needs in TBH's service area.

One particular area of focus over the years has been the importance of healthier eating and access to nutritious food options in the local communities. Recognizing this ongoing need, TBH started a community garden in 2011 to increase produce consumption for individuals in need.

The community garden project is a co-partnership program between TBH and the City of Bellevue. The garden began as a small 12 x 24-foot square space on the east side of TBH's campus with butternut squash being the only vegetable grown and harvested the initial year. All 210 squash harvested that year were donated to Fish and Loaves food pantry in Bellevue.

In 2015, TBH expanded the garden and with help from Bellevue Boy Scout Troop 203, 18 raised garden boxes were constructed to provide additional growing opportunities for a wider variety of produce.

Now in its tenth year, an estimated five tons of fruits and vegetables has been harvested and donated to Bellevue Fish and Loaves and the Clyde Backdoor Food Pantry over the life of this successful project. The produce grown has included green beans, onions, sweet potatoes, squash, cucumbers, okra, eggplant, carrots, strawberries and a variety of lettuce.

The garden is maintained by both TBH volunteers and Huron County Master Gardeners led by Master Gardener Bob Beck. The Master Gardeners begin garden preparation in the winter months by planning and discussing what produce will be planted for the upcoming growing season. In early April, the group meets again to discuss the planting schedule, and begins weeding and prepping the space. In 2019 alone, volunteers donated 400 hours to planting, maintaining and harvesting the produce for the food pantries.

In addition to the Master Gardeners and hospital volunteers, over the years, other organizations, such as the Bellevue High School's Teen Leadership Class, have helped maintain the garden.

Along with the low-land community garden, a separate herb garden was also started on TBH's campus five years ago. The herbs grown are used in food preparation in the Main Station Café at the hospital and are provided to hospital employees. The herb garden is dedicated to Patti Keller, retired hospital dietician, who was instrumental in starting both the community garden and the herb garden. In recognition of Patti's time, research and dedication, the Patricia S. Keller Butterfly and Herb Garden was dedicated in January 2020.

For more information about the Community Garden, visit bellevuehospital.com. If you are interested in making a donation to the garden, please contact The Bellevue Hospital Foundation at 419.483.4040, Ext. 4319.





Quality Care, Close To Home

1400 West Main Street
P.O. Box 8004
Bellevue, Ohio 44811
419.483.4040

NON-PROFIT ORG.
U.S. POSTAGE
PAID
BELLEVUE, OH 44811
PERMIT NO. 50



Balance Issues? We can help!

TBH's Rehabilitation Services Department offers 20-minute FREE balance screenings, information on fall prevention and tips for balance improvement.

Call 419.483.4040, Ext. 4279
for more information.

*****ECRWSEDDM*****
POSTAL CUSTOMER

August is National Immunization Awareness Month

August is National Immunization Awareness Month (NIAM). This annual observance highlights the importance of getting recommended vaccines throughout your life. You have the power to help protect yourself and your family against serious diseases such as the flu, whooping cough, and cancers caused by HPV and pneumonia, through on-time vaccination.

During NIAM, The Bellevue Hospital encourages you talk to your doctor, nurse, or other healthcare professional to ensure you and your family members are up to date on recommended vaccines.

Samuel Ross, M.D., board certified in Family Medicine, offers immunization clinics for individuals of all ages. The clinics are offered on the third Wednesday of each month from 4 - 8 p.m. at 1255 W. Main St., Suite B in Bellevue.

“Immunizations are an important part of keeping healthy at any age,” said Dr. Ross. “In the immunization clinic, we do not focus solely on children’s immunizations, but also offer several immunization options for adults. Individuals often forget important vaccines such as tetanus every 10 years as an adult, or getting a pertussis booster before grandkids are born. Staying properly vaccinated does not only help you, but the others around you.”

Individuals do not have to be a regular patient of Dr. Ross to schedule an immunization, but appointments are required.

Patients should verify the immunization needed during the scheduling process to ensure availability. COVID-19 vaccines are not available during Dr. Ross' immunization clinics.



Samuel Ross, M.D.
*Board Certified
Family Medicine*

The routine clinics follow the Centers for Disease Control and Prevention's immunization schedule. For more information or to schedule an appointment, call 419.484.5940. To see a list of recommended immunization schedules for adults, children and adolescents, visit www.cdc.gov/vaccines/schedules.