



## THE BELLEVUE HOSPITAL WELCOMES Robert Seese, M.D. – Board Certified Pediatrician



**THE BELLEVUE HOSPITAL**  
*Quality Care, Close To Home*

Please enjoy our **HEALTH *e*news** to help keep you informed.

Join us on Facebook and visit our website at [www.bellevuehospital.com](http://www.bellevuehospital.com). Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4299 with any questions.



Dr. Robert Seese, board certified pediatrician, recently joined TBH’s medical staff and serves as a pediatric hospitalist. He has extensive experience in both inpatient and outpatient settings and holds a special interest in the care of diagnostically challenging pediatric patients.



**Robert Seese, M.D.**  
Board Certified Pediatrician

Dr. Seese earned his medical degree from Northeastern Ohio Medical University in Rootstown, Ohio and completed his pediatric residency at Nationwide Children’s Hospital in Columbus. He also completed a fellowship in Pediatric Infectious Diseases at Cleveland Clinic Foundation in Cleveland.

Dr Seese will begin seeing patients in July with NOMS Pediatrics at 1400 W. Main Street, Building 1, Suite G, Bellevue, Ohio.

To make an appointment: call  
**567.228.0302.**





# CALENDAR of Events



For more information, or to register for the events listed, call 419.483.4040 and reference the extension numbers listed below. Information on TBH screenings, programs and events also can be found on our website at [bellevuehospital.com](http://bellevuehospital.com) and on The Bellevue Hospital Facebook page.

## COMMUNITY HEALTH PROGRAMS

### WEDNESDAYS, JULY 3 & AUGUST 7 Morning Health Break

8:00 a.m. – 10:00 a.m.  
**TBH Main Station Café**

This event includes free blood pressure and fasting glucose checks, educational literature, a light breakfast and a registered nurse to answer health questions. Reservations are not required. Pre-registration is required if Direct Access Lab testing is wanted or needed. Direct Access Tests available include:

- A1C Screening (\$20)
- Complete Blood Count with Complete Metabolic and Lipid Panel (\$60)
- Complete Blood Count with Basic Metabolic and Lipid Panel (\$50)
- Lipid Panel Screening (\$20)
- PSA (Prostate) Screening (\$30)
- Stool Occult Blood Screening (\$25)
- TSH (Thyroid) Screening (\$25)
- Vitamin D (\$35)

To pre-register for lab testing, call 419.483.4040, Ext. 0.

### FRIDAY, JULY 5 First Aid Station / Bicycle Helmet Fitting Event

5:00 p.m. – 10:00 p.m.  
**BellevUNITY Festival in Central Park,  
Bellevue**

Stop and visit TBH's Community Outreach team at the BellevUNITY Festival. During the event, they will fit children for a new bicycle helmet - limited sizes from 5-years-old to teenager available. The team also will offer basic first aid if needed and provide information about TBH's services. We hope to see you there!



WEDNESDAYS, JULY 10,  
AUGUST 7 & 28

### Drown's Garden Market

9:00 a.m. – 1:00 p.m.

**Outside TBH's Main Station Café**

Drown's Market of Green Springs will bring a variety of fresh, seasonal fruits and vegetables to the hospital. The event is open to the public. Cash, check and credit card will be accepted. **INFO: 419.483.4040, Ext. 4209.**



### THURSDAYS, JULY 18 & AUGUST 15 Mature Audience Luncheon

11:30 a.m. – 1:00 p.m.

**Bellevue Society for the Arts**  
205 Maple St., Bellevue

The public age 55 and older is invited to attend. The lunch fee is \$4. Reservations are requested. **INFO: Ext. 6610.**

**July 18** - Enjoy an informative presentation from the Sandusky County YMCA about new community programs.

**August 15** - Bellevue Mayor Kevin Strecker will provide an update about programs in the community.

### WEDNESDAY, JULY 24 Evening Health Break

5:00 p.m. – 7:00 p.m.

**TBH Burson Conference Room**

This event includes free blood pressure and glucose checks, educational literature, light snacks and a registered nurse to answer health questions. Reservations are not required. Pre-registration is required if Direct Access Lab testing is wanted or needed. Direct Access Tests available include:

- A1C Screening (\$20)
- Complete Blood Count with Complete Metabolic and Lipid Panel (\$60)
- Complete Blood Count with Basic Metabolic and Lipid Panel (\$50)
- Lipid Panel Screening (\$20)
- PSA (Prostate) Screening (\$30)
- TSH (Thyroid) Screening (\$25)
- Vitamin D (\$35)

To pre-register for lab testing, call 419.483.4040, Ext. 0.

FRIDAY, JULY 26

### Red Cross Bloodmobile

10:00 a.m. – 3:00 p.m.

**TBH Burson Conference Rooms A & B**

This event is open to the public. To donate, you need to weigh between 110-350 pounds and be at least 17 years old. Walk-ins may be accepted. **Individuals are strongly encouraged to schedule an appointment at 1-800-Red-Cross, or visit: [www.redcrossblood.org](http://www.redcrossblood.org), enter sponsor code BELLEVUEHOSP.**

## SUPPORT GROUPS

### TUESDAYS, JULY 16 & AUGUST 20 M.O.M.S.

10:30 a.m. – 11:30 a.m.

**TBH Burson Conference Room**

All new mothers and their babies are welcome. This free class is facilitated by a certified lactation consultant and discussions include breastfeeding topics, life adjustment challenges and sleeping habits. **INFO: Ext. 4611.**

### TUESDAYS, JULY 16 & AUGUST 20 Diabetes

12:30 p.m. – 1:30 p.m.

**TBH East Conference Room**

TBH's Diabetes Education Department provides specialized education to help adults and children with diabetes maintain a healthy lifestyle. The support group is free and open to the public. Topics of discussion include diet, exercise, medication and monitoring. **INFO: Ext. 4442.**

### THURSDAYS, JULY 25 – AUGUST 29 Serenity Seekers

5:30 p.m. – 7:00 p.m.

**TBH Burson Conference Room**

TBH, in association with Stein Hospice of the Western Reserve, is sponsoring a free six-week adult bereavement program for those who have lost an adult loved one. Meetings will begin on Thursday, July 25 and will continue every Thursday through August 29. **To register, call 419.625.5269**



# The Bellevue Hospital Announces Scholarship Winners

For the 23rd consecutive year, recipients of scholarships given to children of The Bellevue Hospital's (TBH) employees were announced during National Hospital Week, May 12-18, 2024. The Robert Regula Employee Children's Scholarship Program honored 10 high school and college students this year.

"The scholarships began as a way of investing in the future of healthcare and providing an additional benefit for our employees," said Sara Brokaw, president and Chief Nursing Officer of The Bellevue Hospital. "We are happy to offer these scholarships to a deserving group of individuals."



## Emma Bollinger

Diagnostic Medical Sonography, BGSU Firelands, daughter of Courtney Bollinger, Diagnostic Imaging, and John Bollinger, Bellevue.



## Ashton Martin

Biology, Bowling Green State University, son of Beth K. Martin, Materials, and Dale Martin, Bellevue.



## Mallory Roeder

Nursing, Baldwin Wallace University, daughter of Julie Roeder, Diagnostic Imaging, and Jon Roeder, Willard.



## Audra Wilson

Accounting / Business Administration, Otterbein University, daughter of Cheri Wilson, Family Birthing Center, and Rodge Wilson, Bellevue.

For more information on TBH Foundation's scholarship programs and how you can help support TBH and the community, visit [tbhfoundation.com](http://tbhfoundation.com) or call Foundation Director Dennis Sabo at 419.483.4040, Ext. 4319.



## Anna Gasser

Radiology Pre-Med, The University of Toledo, daughter of Rachel Gasser, Wound Clinic, and Greg Gasser, Castalia.



## Elise Miller

Digital Marketing and Communications, Spring Arbor University, daughter of Kevin Miller, Physical Therapy, and Kristin Miller, Clyde.



## Hailey Singleton

Psychology, Georgia Southern, daughter of Mindy Singleton, Family Birthing Unit, and Jared Singleton, Bellevue.



## Jacob Lombardi

Electrical Engineering, The University of Toledo, son of Anthony Lombardi, Rehabilitation, and Amy Lombardi, Milan.



## Brett Phenicie

Sociology and Philosophy, Cleveland State University, son of Deborah Phenicie, Finance, and Micheal Phenicie, Sandusky.



## Lillian Watson

Graphic Design, Columbus College of Art and Design, daughter of Rebecca Watson, Cardiopulmonary, and Jared Watson, Bloomville.

The Bellevue Hospital Foundation also awards scholarships to seniors who volunteer or work over 100 hours at TBH during their final year in high school. The scholarship recipients must volunteer or work a minimum of two years total during high school. This year, The Bellevue Hospital Foundation awarded two \$1,000 Volunteer Scholarships. Recipients were:



## Elise Miller

Digital Marketing and Communications, Spring Arbor University.



## Morgan Nason

Special Education, Bowling Green State University.

## National Immunization Awareness Month (NIAM)

August is National Immunization Awareness Month (NIAM). This annual observance highlights the importance of getting recommended vaccines throughout your life. Many diseases can be easily prevented by administering vaccines, and protecting you from unseen viruses. According to the CDC, prior to the COVID-19 pandemic approximately 50,000 adults died every year from vaccine-preventable illnesses. With the emergence of diseases such as COVID-19, NIAM is now more important than ever.

During NIAM, The Bellevue Hospital encourages you to talk to your primary care provider to ensure you and your family take the recommended precautions to stay protected against serious diseases by getting caught up on routine vaccinations.

To see recommended vaccine schedules for adults and children, visit [cdc.gov/vaccines](http://cdc.gov/vaccines). For a list of primary care providers at TBH, visit [bellevuehospital.com](http://bellevuehospital.com) and select Physicians once on the home page.







## HEALTH *news* UPDATE

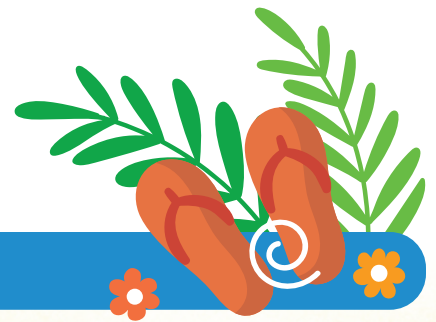
Beginning with this July/August issue, The Bellevue Hospital's community newsletter will now be published every other month. Watch for the September/October issue to arrive in your mailbox the last week of August.



\*\*\*\*\*ECRWSSSEDDM\*\*\*\*  
POSTAL CUSTOMER



## Stay Safe in the Summer Heat



Summer is here and there is no better way to enjoy the weather than to be outdoors. It is a great way to stay active, improve mental health and receive your dose of vitamin D. But don't forget to be conscious of the heat!

Your body does well managing heat until its core temperature rises above 104 F. This overexposure to heat can result in a medical emergency known as heat stroke.

"Your body will respond with dilated blood vessels, increased sweat production, decreased heat production and behavioral changes. Heat stroke can result in seizures and even death if left untreated," said Dr. Kevin Lewis, medical director of TBH's Emergency Department.

Several risk factors play a role in heat illness, Dr. Lewis explained. Young children and the elderly are particularly vulnerable. Certain prescription medications, alcohol use and drug use also may increase the chance of heat-related illness.

"It is important to recognize heat illness doesn't just occur outside but can occur in the home or a vehicle," Dr. Lewis said. Risk factors in the home may include poor insulation, sleeping on the top floor and lack of air conditioning.

Symptoms of serious heat-related illness are nausea/vomiting,

headache, dizziness, malaise and altered mental state. If you are experiencing these symptoms, seek medical care and call 911.

Be aware of the risks and symptoms of heat stroke, and take care to plan your outdoor activities with breaks and access to shade. Make sure to always have water available to replace the losses from sweat.

**The Bellevue Hospital Emergency Department is open 24 hours a day, seven days per week, to treat medical emergencies such as heat stroke.**

