



## The Bellevue Hospital Now Offers Mature Audience Luncheon in Clyde



The Bellevue Hospital (TBH) is excited to launch its popular Mature Audience Luncheon in a new location in Clyde, Ohio starting in March.

The hospital's Mature Audience Luncheon has been a monthly service offered to the community for over 30 years. The program, for individuals age 55 and older, was designed to help senior citizens pursue an active lifestyle, learn about health and wellness and meet others.

"TBH is committed to helping local residents take control of their own health and is constantly working to increase outreach efforts in the surrounding communities," said Mandi Artino, Leader of Wellness and Community Services at TBH.

"In conjunction with the monthly luncheons we will still host in Bellevue, we saw an opportunity to bring this service to the Clyde community as well. For the 2020 year, the hospital will host a Mature Audience Luncheon in Clyde quarterly. Our goal is for this event to be an educational resource. We want participants to not only to learn about new programs and services offered at the

hospital, but to learn about services and non-profit organizations throughout the four-county area," continued Artino.

The luncheons are one of TBH's most well attended outreach programs. The event offers a fun hour of fellowship, education, health screenings, door prizes and a hot meal.

The Clyde luncheons will be held at the **First United Methodist Church located at 510 W. Maple Street**. A lunch fee of \$3.00 will be collected at the door. Dates for the 2020 luncheons include:

- **March 10**
- **June 9**
- **September 8**
- **December 8**

The topic for Clyde's March luncheon will be "Pain Management for Arthritis," presented by Vimal Kumar, M.D. Dr. Kumar is a member of TBH's medical staff and is board certified in Pain Management.

**Advanced reservations are required. To make reservations, please call 419.483.4040, Ext. 4209.**



**THE BELLEVUE HOSPITAL**  
*Quality Care, Close To Home*

Please enjoy our **HEALTH**e news to help keep you informed.

Join us on Facebook and visit our website at [www.bellevuehospital.com](http://www.bellevuehospital.com). Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.





# CALENDAR of Events

For more information or to register for the events listed:

Bellevue: **419.483.4040** • Clyde: **419.547.0074**

Fremont, Old Fort, Green Springs and Republic: **419.639.2065**

Extension numbers listed below:

## COMMUNITY HEALTH PROGRAMS

### Glucose, Blood Pressure Checks

Free health screenings in March. INFO: Ext. 6610

**Wednesday, March 4**

8:00 am – 10:00 am  
*Eagle Crest Health Park, Bellevue*

**Tuesday, March 10**

9:00 am - 11:00 am  
*Bassett's Market, Bellevue*

**Tuesday, March 17**

9:00 am - 11:00 am  
*Hogue's IGA, Bellevue*

**Wednesday, March 18**

9:00 am – 11:00 am  
*Millers SuperValu, Clyde*

**Monday, March 23**

8:00 am - 10:00 am  
*Rec Center, Bellevue*

**Thursday, March 26**

10:30 am- 11:30 am  
*Senior Center, Clyde*

**Tuesday, March 31**

Noon – 1:00 pm  
*Senior Center, Bellevue*

**Monday, March 2**

### Morning Health Break

*TBH Conference Rooms A&B*

**8:00 am – 11:00 am**

Free blood pressure and fasting glucose checks; Lipid Panel screening (fasting - \$15), TSH screening (\$20), PSA screening (\$25). Educational literature, a light breakfast and a registered nurse to answer health questions. INFO: Ext. 6610

**Tuesday, March 10**

### NEW!! Mature Audience Luncheon - Clyde Location

*First United Methodist Church  
510 W. Maple St., Clyde*

**11:30 am – 1:00 pm**

“Pain Management for Arthritis,” presented by Dr. Vimal Kumar. Dr. Kumar is a member of The Bellevue Hospital’s medical staff and is board certified in pain management. The public age 55 years and older is invited to attend. Lunch fee is \$3. Reservations are requested. INFO: Ext. 4209

**Thursday, March 19**

### Mature Audience Luncheon – Bellevue Location

*Bellevue Society for the Arts  
205 Maple St., Bellevue*

**11:30 am – 1:00 pm**

“Giving Back to the Community” will be March’s luncheon topic. Brock Kirian, CRNA at The Bellevue Hospital will discuss the charitable project he began to turn surgical equipment wraps into sleeping bags for the homeless. Nancy Nickoli, Gift Shop and Volunteer Leader will talk about volunteer opportunities at the hospital. The public age 55 years and older is invited to attend. Lunch fee is \$3. Reservations are requested. INFO: Ext. 4209

## SUPPORT GROUPS

**Monday, March 2**

### GRASP (Grief Recovery After a Substance Passing)

*TBH Chapel, 2nd Floor*

**6:00 pm – 7:00 pm**

Offers resources, compassion and understanding for individuals and families who have lost a loved one to substance use or addiction. Meetings are free. INFO: Contact GRASP Support Group Facilitator Dawn Bova at dawnrb45@gmail.com

**Tuesday, March 3**

### M.O.M.S.

*TBH 2nd Floor Conference Room*

**10:30 am – 11:30 am**

All new mothers and babies are welcome. Discussions include feeding/nursing issues and sleep habits. Co-sponsored by The Breastfeeding Coalition of Sandusky County and the Sandusky County WIC Program. Meetings are free. INFO: Ext. 4611

**Thursday, March 5**

### Serenity Seekers

*TBH Conference Rooms A&B*

**5:30 pm – 7:00 pm**

TBH, in association with Stein Hospice, is sponsoring a free six-week adult bereavement group offering comfort to those who have lost a loved one. Meetings begin on Thursday, March 5 and will continue on consecutive Thursdays through April 9. INFO: contact Stein Hospice at 419.625.5269

**Tuesday, March 10**

### Better Breathers Club

*TBH East Conference Room*

**2:00 pm – 3:00 pm**

American Lung Association Better Breathers Club meetings offer support to individuals with a chronic lung disease including COPD, pulmonary fibrosis and lung cancer. Meetings are free and open to the public. INFO: Ext. 4303



**Tuesday, March 10**

### Diabetes

*TBH East Conference Room*

**12:30 pm – 1:30 pm**

Topics vary monthly based on group discussion. The support group is free and open to the public. INFO: Ext. 4303



For information on TBH screenings, programs and events, visit [www.bellevuehospital.com](http://www.bellevuehospital.com) and The Bellevue Hospital Facebook page.

# The Bellevue Hospital Recognizes Our Medical Staff



**Eudora Brown Almond of Georgia is credited with starting the first Doctor's Day Observance on March 30, 1933. The date marks the anniversary of the first use of general anesthesia in surgery. The first National Doctor's Day was celebrated in 1991.**

**Representing the Medical Staff of The Bellevue Hospital are Medical Staff Officers for 2020. Pictured from left to right are:**

Douglas Hoy, M.D., Chairman, Credentials Committee; Karen La Salle, M.D., Member-at-Large; Corey Fazio, D.O., President; Steven Zieber, M.D., Secretary-Treasurer; and Nathan Samsa, D.O., Vice President.

*In observance of National Doctor's Day, the Family of The Bellevue Hospital would like to congratulate and thank all of the members of the hospital's active, courtesy, affiliate and honorary medical staff for all they do for their patients, our hospital, and the communities they serve.*

#### Anesthesiology

Samuel Agubosim, M.D.

#### Cardiology

Ehab Eltahawy, M.D.  
Blair Grubb, M.D.  
Rajesh Gupta, M.D.  
Samer Khouri, M.D.  
George Moukarbel, M.D.  
Laura Murphy, M.D.  
Robert Steele, M.D.

#### Emergency Medicine

Christopher Fridrich, M.D.  
Jack Hay, D.O.  
Jeffery Katko, M.D.  
Waseem Khawaja, M.D.  
Erin Kurtz, D.O.  
Tony Le, D.O.  
Melissa Marker, D.O.  
John Parente, D.O.  
Daryl Parker, M.D.  
Jeffrey Pay, D.O.  
Stephen Reineck, D.O.  
Christopher Roberts, M.D.  
Lori Sargeant, M.D.  
Mark Smith, M.D.  
Maria Strus, M.D.  
Deborah Wilson, M.D.

#### Family Medicine

Douglas Hoy, M.D.  
Kim Knight, M.D.  
Marc Naderer, M.D.  
Samuel Ross, M.D.

#### Gastroenterology

Martin Beerman, M.D.  
David Hykes, D.O.

#### General Surgery

Michael Grillis, D.O.  
Michael Nill, M.D.  
Richard Wiecek, M.D.

#### Internal Medicine

Benjamin Ball, D.O.  
Charles Valone, D.O.

#### Neurological Surgery

Azedine Medhkour, M.D.

#### Neurology

Steven Benedict, M.D.  
Nicole Danner, D.O.  
Adam Kapler, D.O.

#### Obstetrics & Gynecology

Corey Fazio, D.O.  
Andrea Frye Moore, M.D.  
Gregory Karasik, M.D.

#### Oncology

Timothy Adamowicz, D.O.  
James Fanning, M.D.  
Kasra Karamlou, M.D.  
Brian Murphy, M.D.

#### Ophthalmology

Jonathan Zahler, D.O.

#### Optometry

Mark Motley, O.D.  
Mark Pifer, O.D.

#### Orthopedic Surgery

Matthew Noyes, M.D.

#### Otolaryngology

Paul Biedenbach, D.O.  
Benjamin Murcek, D.O.  
Hilary Timmis, Jr., M.D.

#### Pain Management

Vimal Kumar, M.D.

#### Pathology

Yilan Chang, M.D., PhD  
Robert Crabtree, M.D.  
Ana-Tereza Kabira, M.D.  
Zejin Liu, M.D., Ph.D.  
Martin Rabinowitz, M.D.  
Hang Zhou, M.D.

#### Pediatric Cardiology

Nasser Moiduddin, M.D.  
Dingding Xiong, M.D.

#### Pediatrics

Aml Kelada, M.D.  
Karen La Salle, M.D., FAAP  
Wendy Millis, M.D., FAAP  
Elizabeth Olds, M.D.  
Paul Wnek, M.D., FAAP

#### Podiatric Surgery

Casie Blanton, DPM  
Nicholas Brown, DPM  
Coleman Clougherty, DPM  
Marc Dolce, DPM  
Daniel Elbert, DPM  
Peter Highlander, DPM  
Chris Pensiero, DPM

#### Pulmonology

Jeffrey Hammersley, M.D.  
Nathan Samsa, D.O.  
Mohammad Taleb, M.D.  
Youngsook Yoon, M.D.

#### Radiation Oncology

George Engeler, M.D.  
Saju Rajan, M.D.

#### Radiology

David West, M.D.  
Steven Zieber, M.D.

#### Rheumatology

Robert Haladay, M.D.  
Matthew Morrow, M.D.

#### Urology

Gregory Cook, M.D.  
Daniel Mulligan, M.D.  
Donald Smith, Jr., M.D.  
Patrick Waters, M.D.

#### Vascular Surgery

Jihad Abbas, M.D.  
Munier Nazzal, M.D.

#### Honorary Staff

Theodore Ball, M.D.  
Joseph Colizoli, M.D.  
Richard Judkins, M.D.  
Patricia Kaine, M.D.  
Larry Von Kuster, M.D.

#### Affiliate Staff

Brendan Bauer, M.D.  
William Bauer, M.D.  
Marcia Braun, M.D.  
William Cleveland, M.D.  
Jenneth Collins, O.D.  
David Girvin, D.O.  
Charles House, Sr., D.O.  
Fredric Itzkowitz, D.O.,  
FACOS  
James Kasten, M.D.  
Paul Laffay, D.O.  
Max Pavlock, D.O.  
Glenn Trippe, M.D., FAAP  
Albert Vargas, M.D.



**THE BELLEVUE HOSPITAL**  
*Quality Care, Close To Home*





Quality Care, Close To Home

1400 West Main Street  
P.O. Box 8004  
Bellevue, Ohio 44811  
419.483.4040

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
BELLEVUE, OH 44811  
PERMIT NO. 50



Snoring? Tired? Sleepy?  
There may be more to that snore  
than you realize.  
The Sleep Disorders Center at  
The Bellevue Hospital can help!  
Call 419.484.5494

\*\*\*\*\*ECRWSSDDM\*\*\*\*\*  
POSTAL CUSTOMER

## “Is Your Heart Set on a Vette?” Grand Prize Winner Announced



Assisting with the Corvette Raffle on Feb. 14 are, from left: Rodney Cook, Cook, Smith & Company, CPA's; Garrett Steinle, Steinle-Chevrolet Buick; Kevin Strecker, Mayor of the City of Bellevue; Tim Buit, Executive VP and Chief Financial Officer at The Bellevue Hospital; and Dennis Sabo, Director of The Bellevue Hospital Foundation.

The Bellevue Hospital Foundation made Valentine's Day a memorable experience for Kay Gooslin of Fremont, OH when her name was drawn as the grand prize winner in the 10th annual “Is Your Heart Set on a Vette?” Corvette Raffle. The winning ticket was #532.

Bellevue Mayor Kevin Strecker had the honor of drawing the winners out of the barrel containing all 2,020 tickets sold for the raffle.

As the grand prize winner, Gooslin, who has been supporting the raffle since 2012, has her choice of a brand new 2020 Corvette plus \$40,000, or \$100,000 in cash.

Four runner-up winners each received cash prizes, including Jeffrey Kirwan, Elida, OH, \$2,020 (ticket #1761); Brendan and Laura

Schlachter, Monroeville, OH, \$1,917 (ticket #314); Brock Kirian, North Royalton, OH, \$1,500 (ticket #1623); and Yvonne Shearer, Clyde, OH, \$1,000 (ticket #1370).

“We wish to congratulate Kay and the other four winners,” said Michael K. Winthrop, President and CEO of The Bellevue Hospital (TBH). “We kicked-off this raffle in September of 2019 and we accomplished our goal of selling all 2,020 tickets by January 16, 2020.” Continued Winthrop, “For us, this made the raffle highly successful. It was important for us to sell and run this raffle in the right way and it was a great effort from our Foundation, Accounting Department, Marketing Department, and numerous volunteers.”

The accounting firm of Cook, Smith & Company, CPA's, Bellevue, OH, verified that all tickets were properly filled out and placed in the locked barrel prior to the drawing.

Tickets were sold to people in 45 different U.S. states and in Canada, noted Dennis Sabo, TBH Foundation Director. “I would like to personally thank Garrett Steinle of Steinle Chevrolet-Buick in Clyde. They were the co-sponsor of this event. Also, thanks to Bill and Scott Brugnone at the Bellevue Beverage Center, the Fremont Steinle location, the hospital Gift Shop staff, TBH employees and Foundation Board members for all the support. We could not have accomplished this project without all their help.”

The 2021 Corvette Raffle will kick-off with Early Bird specials in September 2020. If you are not a previous ticket purchaser and would like to join the mailing list for next year's raffle, visit [www.vetteraffle.com](http://www.vetteraffle.com). A total of 2,021 tickets will be sold at \$100 each with the grand prize structure remaining the same.