



The Bellevue Hospital Appoints New President

The Bellevue Hospital (TBH) recently promoted Sara K. Brokaw to president of the hospital. As TBH’s president, Brokaw will spearhead the implementation of strategic initiatives including physician recruitment, service line development and operational excellence. She also will continue to serve as the Chief Nursing Officer (CNO).

“In 2024, our strategic goal is to strengthen our physician base, hospital service lines and continue to remain a viable independent, community hospital,” said Timothy A. Buit, TBH’s chief executive officer. “With Sara’s extensive clinical and leadership experience, she will continue to ensure that we look at our community’s health needs as we bring quality care, close to home.”



Brokaw has been employed by TBH since 2013. Most recently, she served as chief operating officer and chief nursing officer. Prior to that, she was vice president of patient care services. During her career at TBH, Brokaw has had oversight of all clinical departments. She also launched new service lines including vein treatment, med spa services, wound reconstruction, pain management, cancer care and infusion services and medication management. In addition, she has a passion for educating and developing leaders and implemented training programs such as Crucial Conversations and Leadership Development Institutes (LDI).

Prior to coming to TBH, Brokaw served as chief of nursing at Mercy Regional Medical Center, Lorain for two years.

Brokaw began her nursing career at Community Health Partners, Lorain, as manager of the orthopedics, neuroscience, spine and stroke center. She then became director of that unit, director of care coordination and then administrative director of nursing services.

Brokaw is currently working on her doctorate of health administration/master of business from Walden University in Baltimore, MD. She also earned her master of science in nursing from Walden University. Brokaw received her bachelor of arts from Baldwin Wallace University and an associate's degree in nursing from Lorain County Community College.

Brokaw is a member of the American Organization of Nursing Leadership, State of Ohio Trauma Committee rural representation, and Center for Creative Leadership alumni. She also served as past president of North Central Ohio Organization of Nursing Leadership from 2017-2020 and board member for Ohio Organization of Nursing Leadership from 2017-2022.

She resides in Milan with her husband, Jim. They have four children and two grandchildren.



THE BELLEVUE HOSPITAL

Quality Care, Close To Home

Please enjoy our **HEALTH** *news* to help keep you informed.

Join us on Facebook and visit our website at www.bellevuehospital.com. Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



CALENDAR of Events

For more information, or to register for the events listed, call 419.483.4040 and reference the extension numbers listed below. Information on TBH screenings, programs and events also can be found on our website at bellevuehospital.com and on The Bellevue Hospital Facebook page.

COMMUNITY HEALTH PROGRAMS

WEDNESDAY, MARCH 6 Morning Health Break

8:00 a.m. – 10:00 a.m.

TBH Main Station Café

This event includes free blood pressure and fasting glucose checks, educational literature, a light breakfast and a registered nurse to answer health questions. Reservations are not required. Pre-registration is required if Direct Access Lab testing is wanted or needed. Direct Access Tests available include:

- A1C Screening (\$20)
- Complete Blood Count with Complete Metabolic and Lipid Panel (\$60)
- Complete Blood Count with Basic Metabolic and Lipid Panel (\$50)
- Lipid Panel Screening (\$20)
- PSA (Prostate) Screening (\$30)
- Stool Occult Blood Screening (\$25)
- TSH (Thyroid) Screening (\$25)
- Vitamin D (\$35)

To pre-register for lab testing, call 419.483.4040, Ext. 0.

WEDNESDAY, MARCH 20 Evening Health Break

5:00 p.m. – 7:00 p.m.

TBH Burson Conference Room

This event includes free blood pressure and glucose checks, educational literature, light snacks and a registered nurse to answer health questions. Reservations are not required. Pre-registration is required if Direct Access Lab testing is wanted or needed. Direct Access Tests available include:

- A1C Screening (\$20)
- Complete Blood Count with Metabolic and Lipid Panel (\$50)
- Lipid Panel Screening (\$20)
- PSA (Prostate) Screening (\$30)
- TSH (Thyroid) Screening (\$25)
- Vitamin D (\$35)

To pre-register for lab testing, call 419.483.4040, Ext. 0.

THURSDAY, MARCH 21 Mature Audience Luncheon

11:30 a.m. – 1:00 p.m.

Bellevue Society for the Arts

205 Maple St., Bellevue

Join us for an educational presentation from Sandusky County Master Gardeners. Information will include gardening tips and helpful hints about getting your

garden ready for the growing season. The public age 55 and older is invited to attend. A lunch fee of \$4 will be charged at the door. Reservations are requested. INFO: Ext. 6610.

SUPPORT GROUPS

TUESDAY, MARCH 19 M.O.M.S.

10:30 a.m. – 11:30 a.m.

TBH Burson Conference Room

All new mothers and their babies welcome. This free class is facilitated by a certified lactation consultant and discussions include breastfeeding topics, life adjustment challenges and sleeping habits. INFO: Ext. 4611.

TUESDAY, MARCH 19 Diabetes

12:30 p.m. – 1:30 p.m.

TBH East Conference Room

TBH's Diabetes Education Department provides specialized education to help adults and children with diabetes maintain a healthy lifestyle. The support group is free and open to the public. Topics of discussion include diet, exercise, medication and monitoring. INFO: Ext. 4303.

Professional Medication Management Close to Home

The Bellevue Hospital's Medication Management Clinic, located inside the hospital's 1400 W. Main Street facility in Bellevue, assists individuals taking anticoagulant medications or taking multiple medications for various reasons.

Some examples of anticoagulant medications, also called "blood thinners," are Coumadin (warfarin), Xarelto, Pradaxa, Eliquis, and Lovenox. Patients may need to take anticoagulants because of deep vein thrombosis, pulmonary embolism, heart attack, atrial fibrillation, heart valve disease or replacement, and stroke. These medications are often taken to prevent and control the development of blood clots, and it is important to manage and closely monitor the usage of these medications.

Christopher Hirt, RPh, MBA emphasizes, "The Medication Management Clinic is designed to assist the patient with any medication therapy to maximize benefits and reduce risks through monitoring and education."

The pharmacist-led clinic offers:

- Personalized education, training and reviews by our Certified Anticoagulation Pharmacists
- Clinical monitoring

- Enhanced communication between healthcare provider(s) and the patient

The first appointment for patients enrolled in the clinic will last approximately an hour, with follow-up appointments typically lasting approximately 15 minutes. During the visit, staff will discuss medications, diet, recent health history and any other pertinent information related to the visit. During the appointment, a small drop of blood will be obtained through a finger stick. From this drop of blood, the pharmacist will be able to determine if any changes to the blood thinner medication are needed. Patients are immediately informed of the results and the primary care provider receives a report from the visit.

Carla Nitkiewicz, RPh states "We schedule one-on-one appointments with a pharmacist that is a quick and convenient way to optimize your care."

The Medication Management Clinic is open by appointment. Patients will need a referral from their primary care provider and should also check with their primary insurance carrier to see if visits to the clinic are covered.

For additional information, call 419.484.5970.

The Bellevue Hospital Recognizes Our Medical Staff



Eudora Brown Almond of Georgia is credited with starting the first Doctors' Day Observance on March 30, 1933. The date marks the anniversary of the first use of general anesthesia in surgery. The first National Doctors' Day was celebrated in 1991.

In observance of National Doctors' Day, The Bellevue Hospital Family would like to congratulate and thank all of the members of the hospital's active, courtesy, affiliate and honorary medical staff for all they do for their patients, our hospital, and the communities they serve.



Representing the Medical Staff of The Bellevue Hospital are Medical Staff Officers for 2024. Pictured from left to right are: Corey Fazio, D.O., Secretary-Treasurer; Douglas Hoy, M.D., Chairman, Credentials Committee; Marc Naderer, M.D., President; Peter Highlander, DPM, Vice President; Nathan Samsa, D.O., Member-at-Large.

Anesthesiology

Daniel Barney, M.D.
Thomas Rapp II, D.O.

Cardiology

Mohamad Alghothani, M.D.
Paul Chacko, M.D.
Ehab Eltahawy, M.D.
Blair Grubb, M.D.
Rajesh Gupta, M.D.
Samer Khouri, M.D.
George Moukarbel, M.D.

Emergency Medicine

Mariam Diab, M.D.
Jack Hay, D.O.
Jeffery Katko, M.D.
Tony Le, D.O.
Kevin Lewis, D.O.
Melissa Marker, D.O.
John Parente, D.O.
Daryl Parker, M.D.
Jeffrey Pay, D.O.
Stephen Reineck, D.O.
John Somple, M.D.
Maria Strus, M.D.

Family Medicine

Marcia Braun, M.D.
Douglas Hoy, M.D.
Marc Naderer, M.D.
Jessica Rapp, D.O.

General Surgery

K. Jordan Duckett, D.O.
Michael Grillis, D.O.
John Mourany, M.D.
Michael Nill, M.D.

Internal Medicine

Benjamin Ball, D.O.
Shaikh Fawwad, M.D.
Charles Valone, D.O.

Neurology

Steven Benedict, M.D.
Nicole Danner, D.O.

Obstetrics & Gynecology

Corey Fazio, D.O.

Oncology

Vivek Abhyankar, M.D.
Timothy Adamowicz, D.O.
Apoorva Chawla, M.D.
Kasra Karamlou, M.D.
Siddharth Kunte, M.D.
Brian Murphy, M.D.

Ophthalmology

Jonathan Zahler, D.O.

Orthopedic Surgery

Steven Copeland, M.D.
Dylan Mathews, D.O.
Selvon St. Clair, M.D.

Otolaryngology

Paul Biedenbach, D.O.
Benjamin Murcek, D.O.
Hilary Timmis, Jr., M.D.

Pain Management

Andrius Giedraitis, M.D.
Bradford Jones, D.O.
Narendranath Lakshmiopathy, M.D.

Pathology

Chin-Yung Chang, M.D.
Mohamed El-Fakharany, M.D.
Elham Kamangar, M.D.
Bryan Tuttle, M.D.
Alireza Zarineh, M.D.

Pediatric Cardiology

Dingding Xiong, M.D.

Pediatrics

Carrie Dichiario, M.D.
LeRoy Eberly, M.D.
Obiaghanwa Ugbana, M.D.
Alejandro Zamudio, M.D.

Podiatric Surgery

Nicholas Brown, DPM
Marc Dolce, DPM
Peter Highlander, DPM
Nathan Kalil, DPM

Pulmonology

Nathan Samsa, D.O.

Radiation Oncology

George Engeler, M.D.
Saju Rajan, M.D.

Radiology

David West, M.D.
Steven Zieber, M.D.

Rheumatology

Matthew Morrow, M.D.

Urology

Gregory Cook, M.D.
Kathy Lue, M.D.
Patrick Waters, M.D.

Vascular Surgery

Mohamed Osman, M.D.

Honorary Staff

Theodore Ball, M.D.
Joseph Colizoli, M.D.
Richard Judkins, M.D.
Kim Knight, M.D.
Chris Pensiero, DPM
Donald Smith, Jr., M.D.
Glenn Trippe, M.D., FAAP
Larry Von Kuster, M.D.





Quality Care, Close To Home

1400 West Main Street
P.O. Box 8004
Bellevue, Ohio 44811
419.483.4040

NON-PROFIT ORG.
U.S. POSTAGE
PAID
BELLEVUE, OH 44811
PERMIT NO. 50



*****ECRWSSDDM*****
POSTAL CUSTOMER

Balance Problems?
TBH's Rehabilitation Services Department offers free balance screenings, information on fall prevention and tips for balance improvement. Call 419.483.4040, 4279.



THE BELLEVUE HOSPITAL

WELCOMES

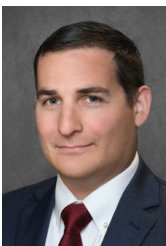
NEW ORTHOPEDIC SURGEONS

Now Accepting
New Patients



Quality Care, Close To Home

419.222.6622



Dylan Mathews, DO
Orthopedic Surgeon

Dr. Mathews provides comprehensive orthopedic care including primary shoulder, hip and knee replacement, rotator cuff repair, ACL reconstruction and general adult and pediatric fracture care.



Selvon St. Clair, MD
Board Certified Orthopedic Spine Surgeon

Dr. St. Clair specializes in the surgical treatment of spinal disorders, including disorders of the cervical, thoracic and lumbar spine. He provides minimally invasive spinal surgery for stenosis, herniated discs, scoliosis deformity, spinal tumors, infections and trauma.

102 Commerce Park Drive, Suite D • Bellevue, OH 44811 • bellevuehospital.com