



WITH GRATITUDE AT
Thanksgiving



THE BELLEVUE HOSPITAL
Quality Care, Close To Home

Please enjoy our **HEALTH***e*news to help keep you informed.

Join us on Facebook and visit our website at www.bellevuehospital.com. Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



During this time of Thanksgiving celebration, our thoughts turn gratefully to our employees, volunteers, physicians, board members, patients and the communities we are privileged to serve with warm appreciation. **THANK YOU for choosing us as your hospital.**

We wish you all a Happy and Healthy Thanksgiving.

As the COVID-19 outbreak evolves, The Bellevue Hospital continues to monitor the situation closely and make adjustments to our policies and services as needed. For a complete list of service changes and visitor restrictions, visit bellevuehospital.com.

Upcoming Morning Health Breaks

To support the importance of health and wellness in the community, The Bellevue Hospital has reinstated the Morning Health Breaks that had temporarily been suspended due to COVID-19.

To help maintain proper physical distancing in the hospital, the hours for these events have changed and individuals must now call and schedule an appointment time to attend the Health Breaks.

Monday, November 2 – 7:00–11:00 a.m.

Deadline for Reservations is Oct. 29

- Free Blood Pressure and Fasting Glucose Checks
- A1C Screening - \$10.00
- Thyroid Screening (TSH) - \$20.00
- Prostate Screening (PSA) - \$25.00
- Fasting Lipid Panel - \$15.00

Monday, December 7 – 7:00–11:00 a.m.

Deadline for Reservations is Dec. 3

- Free Blood Pressure and Fasting Glucose Checks
- A1C Screening - \$10.00
- Thyroid Screening (TSH) - \$20.00
- Prostate Screening (PSA) - \$25.00
- Fasting Lipid Panel - \$15.00

Call 419.483.4040, Ext. 6610 to schedule an appointment.

Drive-Thru Mature Audience Luncheon at The Bellevue Hospital

**Join us for a drive-thru Thanksgiving feast on
Thursday, November 12 from 11:00 a.m. – 1:00 p.m.
at The Bellevue Hospital.**

The public, age 55 years and older, is invited to attend. The meal is free however, attendees are asked to bring with them two non-perishable food items that will be donated to Bellevue Fish & Loaves Food Pantry.

Along with the meal, hospital staff members will be handing out updated Medicare 101 informational booklets from the Ohio Senior Health Insurance Information Program.

Reservations are required. To help with the flow of traffic, attendees will be given a specific timeframe in which to visit the drive-thru. Please call 419.484.4040, Ext. 4899 by Nov. 5 to reserve a meal.

Those coming to the drive-thru luncheon should enter The Bellevue Hospital campus from Progress Drive on the West side of the campus and follow the directional signs. Attendees are encouraged to wear a facemask while picking up their meals.



Hope for the Holidays Adult Bereavement Support

Hosted by Stein Hospice

As we move toward the holiday season, we know the death of a loved one can naturally cause some individuals to look at the holiday season with apprehension and mixed emotions.

In past years, the Stein Hospice Bereavement Department has hosted a Hope for the Holidays program at The Bellevue Hospital, to help grievers cope with the holidays.

While we are not able to offer this program in person due to the coronavirus (COVID-19) pandemic, Stein Hospice has provided a pre-recorded virtual Hope for the Holidays program that may be watched on their website.

Please visit <https://www.steinhospice.org/services/bereavement/2020-hope-for-the-holidays-program/> for the 2020 Hope for the Holidays Program.

Along with a video, Stein Hospice has provided a Holiday Coping Plan that may be downloaded for use.

The program is free of charge. For further information, please call Stein Hospice at 419.625.5269.



Pediatric Rehabilitation at TBH

Children sometimes require special help as they grow and develop. The Bellevue Hospital's pediatric rehabilitation program offers a variety of services to help children reach their maximum potential.

Our pediatric rehabilitation therapists provide specialized, comprehensive treatment for our young patients.

Treatment Methods



Physical Therapy

We work with children and their families to improve motor skills, control and strength so children can move safely and independently. Some reasons for pediatric physical therapy may include:

- Struggles to physically keep up with or play with peers
- Trouble walking straight or demonstrating other abnormal walking patterns
- Not meeting developmental milestones such as turning head, rolling, sitting up, or crawling

- Pain or in-coordination with gross motor skills such as walking, jumping or skipping
- Orthopedic injuries or conditions

Occupational Therapy

Pediatric occupational therapy is used to evaluate and treat issues with a child's fine motor skills, visual perception, cognition and oral motor/feeding skills. Reasons for pediatric occupational therapy may include:

- Difficulty manipulating toys or puzzles, using eating utensils, holding a pencil/crayon or cutting with scissors
- Difficulty dressing and undressing self
- Trouble with hand/eye coordination such as throwing and catching a ball
- Upper extremity injury or condition

Speech Therapy

The goal of speech therapy is to improve a child's speech, language, voice and fluency skills so that they can communicate more effectively. Some reasons for speech therapy may include:

- Unable to be understood by individuals outside of the family
- Not speaking as much as peers
- Difficulty following directions
- Difficulty communicating basic needs
- Relying on gestures instead of speech
- Difficulty with oral motor skills and swallowing

If you are concerned about your child's development, ask your primary care provider about a referral to The Bellevue Hospital's pediatric rehabilitation program. Our team will develop a treatment plan tailored to your child. Our rehabilitation department has a dedicated space for pediatric patients that includes a large play gym and two private treatment rooms.

For more information, call 419.483.4040, Ext. 4279.



Quality Care, Close To Home

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Veterans Day

With respect, honor and gratitude, The Bellevue Hospital would like to thank all Veterans for your service and sacrifice.

*****ECRWSSSEDDM*****
POSTAL CUSTOMER

Stay a Step Ahead of Diabetic Wound Care

According to the American Diabetes Association, more than 34 million Americans have a type of diabetes. Diabetes is a result of your body's inability to produce or use insulin. Diabetes is a serious disease that over time, may affect your heart, nerves, kidneys, eyes and overall health if not monitored.

When a person has diabetes, wounds may also take longer to heal, increasing the risk of infections and other complications. Minor wounds, blisters, cuts and scrapes are a normal part of life. However, if you have diabetes, these injuries may become a serious medical problem if left untreated.



Diabetes gradually damages nerves in the body, a condition called diabetic neuropathy. Neuropathy decreases the sense of feeling and often leaves those with this condition less likely to notice pain, cuts or wounds. Particularly, unnoticed foot wounds can develop quickly into non-healing foot ulcers if not monitored closely.

The Wound Reconstruction Center at The Bellevue Hospital offers comprehensive wound treatment options including both surgical and non-surgical treatment for chronic, non-healing wounds related to:

- Diabetes
- Bone infections
- Pressure ulcers
- Surgery
- Vascular disease



At the Wound Reconstruction Center, our team has one goal – to provide patients individualized care to promote outstanding wound healing outcomes. Our healthcare providers will also educate patients on proper wound care, including cleaning and dressing the wound.

The Wound Reconstruction Center is located at 102 Commerce Park Dr., Suite D in Bellevue. For more information, call 419.484.5965 or visit bellevuehospital.com.

