



October is Breast Cancer Awareness Month Don't Delay Your Preventative Screenings



THE BELLEVUE HOSPITAL

Quality Care, Close To Home

Please enjoy our **HEALTH *e*news** to help keep you informed.

Join us on Facebook and visit our website at www.bellevuehospital.com. Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



Early Detection Saves Lives

Annual mammogram screenings help detect breast cancer at its earliest stages.

While COVID-19 has put many things on hold, your health care shouldn't be one of them. The Bellevue Hospital has several measures in place to create a safer environment for our patients.

Schedule your mammogram screening today! Appointments available in Bellevue and Clyde.

**Call 419.483.4040, Ext. 3067
bellevuehospital.com/safety**



As the COVID-19 outbreak evolves, The Bellevue Hospital continues to monitor the situation closely and make adjustments to our policies and services as needed. For a complete list of service changes and visitor restrictions, visit bellevuehospital.com.

Prevent the Flu this Fall and Winter

According to the Centers for Disease Control and Prevention (CDC), it's likely that flu viruses and the virus that causes COVID-19 will both spread this fall and winter. This means getting a flu vaccine during 2020-2021 is more important than ever.

While getting a flu vaccine will not protect against COVID-19, there are many important benefits including reducing the risk of flu illness, hospitalization and death. Getting the flu vaccine can also save important healthcare resources for the care of patients with COVID-19.

Getting vaccinated not only protects you, it also protects the people around you including those who are more vulnerable to serious flu illness, such as babies and young children, older people, and people with certain chronic health conditions.

Flu Shot Clinics at TBH

The Bellevue Hospital is offering seasonal flu shots to the general public during annual flu shot clinics.

To help maintain proper physical distancing in the hospital, individuals must now call and schedule an appointment to attend one of the scheduled flu shot clinics. Walks-in will not be accepted.

Monday, October 5 - 7:00 a.m. - 11:00 a.m.

**Burson Conference Room
The Bellevue Hospital, 1400 W. Main St., Bellevue**

Tuesday, October 20 - 5:00 p.m. - 7:00 p.m.

**Burson Conference Room
The Bellevue Hospital, 1400 W. Main St., Bellevue**

Thursday, October 22 - 9:00 a.m. - 10:30 a.m.

**St. Paul's Lutheran Church
147 W. Forest St., Clyde**

Flu shots are available for those ages 18-64. Cost is \$30 for the regular vaccine. A high dose vaccine for ages 65 and older is \$68. The shots will be fully covered for those with Medicare Part B or Medicare Advantage cards only. Those who are eligible must present their Medicare Part B/Medicare Advantage card prior to receiving their flu shot. No Medicaid or private insurance will be accepted to cover the cost of seasonal flu shots. Cash, check, credit card or Medicare Part B/Medicare Advantage Cards only.

The flu vaccine does not cause the flu and pregnant women should consult their doctor before receiving the flu shot. Also, anyone who is allergic to eggs should not receive the vaccine.

To schedule an appointment for a flu shot clinic, call 419.483.4040, Ext. 6610.

October is "Talk About Your Medicines" Month!

Every year, the National Council on Patient Information and Education (NCPIE) recognizes October as "Talk about Your Medicines Month." This educational campaign encourages more effective communication between patients/caregivers and pharmacists.

The Bellevue Hospital's (TBH) Medication Management Clinic is currently geared for patients taking anticoagulant medications, and/or taking multiple medications for various reasons.

The Medication Management Clinic offers:

- Personal education, training and reviews
- Constant monitoring
- Enhanced communication between healthcare providers and the patient
- Personalized treatment plans monitored by our Certified Anticoagulation Pharmacists

Some examples of anticoagulant medications are Coumadin (warfarin), Heparin, Xarelto, Pradaxa, Eliquis, and Lovenox.

Anticoagulants are taken to prevent and control the development of blood clots. Managing anticoagulation medications is important since these medications can be dangerous if not monitored.

Individuals taking anticoagulant medications, or multiple medications, are eligible for the Medication Management Clinic upon referral by a physician. Most insurance plans will cover this service, but patients should check with their insurance providers prior to making an appointment.

TBH's Medication Management Clinic is currently open on: Mondays and Fridays, 10 a.m. until 2 p.m.; and Tuesdays, Wednesdays, and Thursdays from 8 a.m. until 4:30 p.m. by appointment.

**For additional information,
TBH's Medication Management
Clinic staff can be reached at
419.484.5970.**



11th Annual
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Early Bird Drawings

November 16 - \$1,000

December 14 - \$750

January 14 - \$500



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For Additional Information: 800.850.5528 Email: _____

Make checks payable and mail to:

The Bellevue Hospital Foundation, 1400 W. Main St., Bellevue, Ohio 44811

Tickets sold at: Steiner Chevrolet-Buick, Clyde & Fremont; the Bellevue Beverage Center; and The Bellevue Hospital Gift Shop



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Aquatic Therapy can reduce joint stress and improve your range of motion.

Contact The Bellevue Hospital's Rehabilitation Department to see if Aquatic Therapy is right for you at 419.483.4040, Ext. 4279.

*****ECRWSSDDM*****
 POSTAL CUSTOMER

THE BELLEVUE HOSPITAL WELCOMES

Dr. Shaikh Fawwad - Board Certified in Internal Medicine

Shaikh H. Fawwad, M.D. has joined the staff of The Bellevue Hospital as an Internal Medicine physician. He is board certified in Internal Medicine and specializes in comprehensive care for adults ages 18 and older.

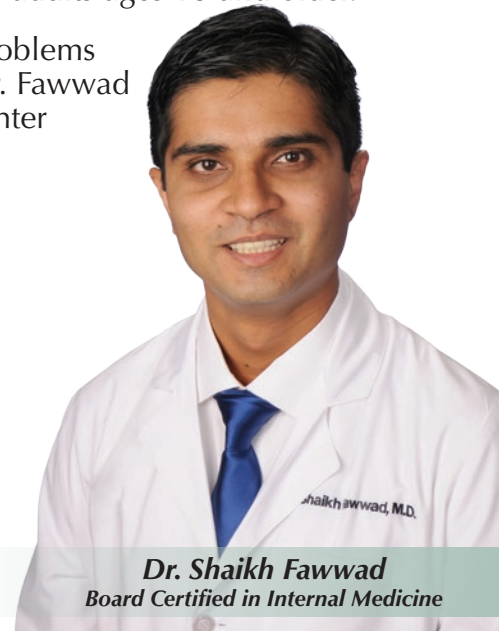
Dr. Fawwad is skilled in the diagnosis and management of chronic medical problems and provides preventative care to help patients maintain a healthy lifestyle. Dr. Fawwad most recently served as an Internal Medicine Hospitalist at Vidant Medical Center in Greenville, North Carolina.

Education:

Bachelor of Medicine, Dow Medical College, Karachi, Pakistan

Residency:

Saint Francis Medical Center, Trenton, New Jersey



Dr. Shaikh Fawwad
 Board Certified in Internal Medicine



**Now Accepting
 New Patients**

419.547.0340