

# HEALTH *e*news

THE BELLEVUE HOSPITAL



## Make The Bellevue Hospital Your Hospital of Choice

Dear Community,

You may have seen on the news hospitals across the country are struggling financially. I want to talk specifically about the status of rural hospitals in the U.S.; ways The Bellevue Hospital is working to remain a local, independent hospital and how we, as a community, work to sustain local healthcare.

Here are some discouraging local closures that have happened recently in our region and statewide:

1. McLaren St. Luke's in Maumee, Ohio closed all outpatient services in mid-May.
2. Since June 2022, the Ohio Hospital Association has counted 10 maternity wards closing across the state.
3. Mercy Health St. Charles Hospital in Oregon, Ohio closed its delivery services in December 2022, with patients being referred to St. Vincent Medical Center in downtown Toledo.
4. Henry County Hospital, a 25-bed critical access hospital in Napoleon, Ohio, closed labor and delivery services in April.
5. OhioHealth's Shelby Hospital no longer provides maternity services as of Feb. 28. Maternity services are provided 13 miles away at OhioHealth Mansfield Hospital.



**Timothy A. Buit**  
President and CEO  
of The Bellevue Hospital



**THE BELLEVUE HOSPITAL**  
*Quality Care, Close To Home*

Please enjoy our **HEALTH *e*news** to help keep you informed.

Join us on Facebook and visit our website at [www.bellevuehospital.com](http://www.bellevuehospital.com). Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



### TBH's Strategy to Secure Local Healthcare

Hospitals, particularly those in rural areas, are experiencing challenging times. TBH is not immune to these challenges. Our hospital has been an integral part of this community since 1917 and we want to continue this tradition of bringing Quality Care, Close to Home. Here are three strategies we have implemented to secure long-term growth.

- Collaborating and strengthening relationships with local businesses and health partners to bring services and specialties to our area so residents may receive the care they need without traveling to larger health systems
- Adding specialty physicians to our medical staff, such as general surgery, pain management, vascular surgery and orthopedic surgery
- Incorporating state-of-the-art technology to strengthen the services we provide. Most recently, TBH has added two da Vinci Xi Surgical Systems, allowing TBH to offer minimally invasive robotic-assisted surgeries using our surgeons and staff

### How Our Community Can Help Us

Remember, your health, your choice. It's ultimately your decision where you receive your care. We ask that you chose your local hospital and healthcare team when going for outpatient tests and hospital services. It doesn't matter if you see a TBH sign on the door or in the parking lot, you may request TBH as your hospital of choice. The only reason to take pause is if your insurance plan states otherwise. We thank you for selecting us as your health and wellness partner. You will be making a positive impact on the future and ensure our local healthcare.

In Gratitude,  
Timothy A. Buit, *President and CEO*



# CALENDAR *of Events*



For more information, or to register for the events listed, call 419.483.4040 and reference the extension numbers listed below. Information on TBH screenings, programs and events also can be found on our website at [bellevuehospital.com](http://bellevuehospital.com) and on The Bellevue Hospital Facebook page.

## COMMUNITY HEALTH PROGRAMS

### WEDNESDAY, JULY 5 Morning Health Break



8:00 a.m. – 10:00 a.m.  
*TBH Main Station Café*

This event includes free blood pressure and fasting glucose checks, educational literature, a light breakfast and a registered nurse to answer health questions. At 9:00 a.m. a member of TBH's Vein & Body Specialists team will be discussing topics related to vein treatment and medical spa services. Reservations are not required. Pre-registration is required if Direct Access Lab testing is wanted or needed. Direct Access Tests available include:

- A1C Screening (\$20)
- Complete Blood Count with Metabolic and Lipid Panel (\$50)
- Lipid Panel Screening (\$20)
- PSA (Prostate) Screening (\$30)
- TSH (Thyroid) Screening (\$25)
- Vitamin D (\$35)

To pre-register for lab testing, call 419.483.4040, Ext. 0.

### WEDNESDAY, JULY 19 Drown's Garden Market



9:00 a.m. – 1:00 p.m.

*Outside TBH's Main Station Café*

Drown's Market of Green Springs will bring a variety of fresh, seasonal fruits and

vegetables to the hospital. The event is open to the public. Cash, check and credit card will be accepted. **INFO: Ext. 4209.**

### THURSDAY, JULY 20 Mature Audience Luncheon



11:30 a.m. – 1:00 p.m.  
*Bellevue Society for the Arts*  
*205 Maple St., Bellevue*

Information about online scams will be presented. Attendees are encouraged to participate in our patriotic theme by wearing red, white and blue clothing and accessories. The public age 55 and older is invited to attend. The lunch fee is \$3. Reservations are requested. **INFO: Ext. 6610.**

### WEDNESDAY, JULY 26 Evening Health Break



5:00 p.m. – 7:00 p.m.  
*TBH Main Station Café*

This event includes free blood pressure and glucose checks, educational literature, light snacks and a registered nurse to answer health questions. Reservations are not required. Pre-registration is required if Direct Access Lab testing is wanted or needed. Direct Access Tests available include:

- A1C Screening (\$20)
- Complete Blood Count with Metabolic and Lipid Panel (\$50)
- Lipid Panel Screening (\$20)

- PSA (Prostate) Screening (\$30)
- TSH (Thyroid) Screening (\$25)
- Vitamin D (\$35)

To pre-register for lab testing, call 419.483.4040, Ext. 0.

## SUPPORT GROUPS

### TUESDAY, JULY 18 M.O.M.S.



10:30 a.m. – 11:30 a.m.

*TBH Burson Conference Room*

All new mothers and their babies welcome. This free class is facilitated by a certified lactation consultant and discussions include breastfeeding topics, life adjustment challenges and sleeping habits. **INFO: Ext. 4611.**

### TUESDAY, JULY 18 Diabetes



12:30 p.m. – 1:30 p.m.

*TBH East Conference Room*

TBH's Diabetes Education Department provides specialized education to help adults and children with diabetes maintain a healthy lifestyle. The support group is free and open to the public. Topics of discussion include diet, exercise, medication and monitoring. **INFO: Ext. 4303.**

## Protect Your Skin This Summer

Summer is upon us and there is no better way to enjoy the weather than to be outdoors. Being outside is a great way to be active, improve mental health and receive your dose of vitamin D. But don't forget to protect your skin.

Skin cancer is the most common cancer in the United States. Most skin cancers are caused by ultraviolet (UV) rays. UV rays are an invisible form of radiation produced

by sources such as the sun, tanning beds and sunlamps, and can cause serious damage to your skin cells.



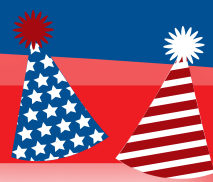
The damage from UV rays is relevant throughout the year, not just the summer. The harmful rays can reach you even on cloudy or cool days by reflecting off common surfaces like water, cement, sand

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# The Bellevue Hospital Announces Scholarship Winners



For the 22nd consecutive year, recipients of scholarships given to children of The Bellevue Hospital's (TBH) employees were announced during National Hospital Week, May 7-13, 2023. The Robert Regula Employee Children's Scholarship Program honored 10 high school and college students this year.

"The scholarships began as a way of investing in the future of healthcare and of providing an additional benefit for our employees," said Timothy A. Buit, president and CEO of The Bellevue Hospital. "We are pleased to again offer the scholarships to a deserving group of individuals," Buit added.

TBH awards \$1,500 scholarships to eligible dependents of its full- or part-time employees who have worked at least two consecutive years at the hospital. The students are to be enrolled in post high school academic programs, with a minimum of three of the scholarships reserved for students in healthcare-related fields of study.

Students must submit an application for the scholarship prior to March 31. The Scholarship Committee then meets to select the finalists for the award, and the recipients are announced during National Hospital Week. This year's recipients are as follows:



**Clayton Alley**  
Education, Ashland University, son of Ryan Alley, Rehabilitation Services, and Jennifer Alley, Bellevue.



**Molly Bullion**  
Biochemistry, Malone University, daughter of Denise Bullion, Cardiac Rehab, and the late Eric Bullion, Bellevue.



**Mallory Roeder**  
Pre-Allied Health and Pre-Physical Therapy, Baldwin Wallace University, daughter of Julie Roeder, Diagnostic Imaging, and Jon Roeder, Willard.



**Olivia Baptista**  
Nursing, Bowling Green State University, daughter of Chasity Baptista, Senior Director of Nursing, and Ed Baptista, Fremont.



**Anna Gasser**  
Bioengineering, The University of Toledo, daughter of Rachel Gasser, the Wound Reconstruction Center, and Greg Gasser, Castalia.



**Alexandra Seamon**  
Masters in Psychology, Cleveland State University, daughter of Jennifer Seamon, Surgery, and Daniel Seamon, Bellevue.



**Emma Bollinger**  
Medical Laboratory Services, The Ohio State University, daughter of Courtney Bollinger, Diagnostic Imaging, and John Bollinger, Bellevue.



**Jacob Lombardi**  
Electrical Engineering, The University of Toledo, son of Tony Lombardi, Rehabilitation Services, and Amy Lombardi, Milan.



**Hannah Seamon**  
Nursing, University of Findlay, daughter of Jennifer Seamon, Surgery, and Daniel Seamon, Bellevue.



**Hannah Bullion**  
Public Health, Kent State University, daughter of Denise Bullion, Cardiac Rehab, and the late Eric Bullion, Bellevue.

The Bellevue Hospital Foundation also awards scholarships to seniors who volunteer or work over 100 hours at TBH during their final year in high school. The scholarship recipients must volunteer or work a minimum of two years total during high school. This year, The Bellevue Hospital Foundation awarded a \$1,000 and two \$500 Volunteer Scholarships. Recipients were:



**Matthew Schaffer**  
(\$1,000), Biological Sciences – Biology of Animals, University of Cincinnati.



**Saleen Pecina**  
(\$500), Ultrasound Technology, Bowling Green State University – Firelands.



**Chloe Rex**  
(\$500), Interior Design, Bowling Green State University.

For more information on TBH Foundation's scholarship programs and how you can help support TBH and the community, visit [tbhfoundation.com](http://tbhfoundation.com) or call Foundation Director Dennis Sabo at 419.483.4040, Ext. 4319.

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and snow. If the UV index is three or higher, make sure to protect your skin from exposure.

Some of the best ways to protect yourself from the sun's rays include:

- Staying in the shade
- Wearing protective clothing
- Wearing a hat
- Using sunglasses
- Applying sunscreen



Your sunscreen should filter out both UVA and UVB rays and have at least an SPF of 15 or higher. Make sure you apply a generous amount to all exposed skin and that you reapply it after being in the sun for more than two hours or after swimming, sweating or toweling off.



Your skin's health is important and by taking simple measures such as these, you can better protect yourself and your loved ones. **For more sun safety tips, visit [cdc.gov](http://cdc.gov).**





Quality Care, Close To Home

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## RED CROSS BLOODMOBILE

Friday, July 28 • 10 a.m. – 3 p.m.

The Bellevue Hospital  
Burson Conference Room  
1400 W. Main St. • Bellevue, OH 44811

Must be at least 17 years old.  
Appointments required. Call 1.800.Red.Cross,  
or visit [redcrossblood.org](http://redcrossblood.org) to register.



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POSTAL CUSTOMER

## Foot & Ankle Surgeon at The Bellevue Hospital Writes Textbook About 3D Printing



**Peter Highlander, DPM, MS**  
Board Certified  
Foot and Ankle Surgeon

Peter D. Highlander, DPM, MS, board certified foot and ankle surgeon at The Bellevue Hospital's Reconstruction Institute, recently released "Clinical Applications of 3D Printing in Foot and Ankle Surgery," a textbook style publication that demonstrates how the emerging field of 3D printing technology is being incorporated into clinical settings.

"3D printing is an ever-advancing technology and holds much promise for patients who have difficult-to-treat foot and ankle pathologies," said Dr. Highlander. "This textbook provides guidance, case examples from surgeons currently using 3D printing in their practices and decision-making criteria on when 3D printing should be considered."

Dr. Highlander has been heavily involved with 3D printing since 2017. After performing more than 100 surgical procedures using 3D printed technology, giving lectures and receiving referrals from all over the country, Dr. Highlander was motivated to share his 3D printing experience and knowledge.

"My motivation to speak and write about this topic was that I wanted any person faced with a limb threatening issue to know 3D printed foot or ankle reconstruction may be a viable option, as opposed to a below-the-knee amputation."

Dr. Highlander began drafting "Clinical Applications of 3D Printing in Foot and Ankle Surgery" during the COVID-19 pandemic. When giving remote lectures, he caught the interest of three different publishers who asked if he'd be interested in transferring his experience into a written format.

"Having written many textbook chapters, I knew it would be a lot of work. But given the circumstances of the pandemic, I had more free time so I couldn't pass up the opportunity," Dr. Highlander said.

Despite his extensive knowledge and experience, Dr. Highlander was curious about the opinions of other surgeons who had attempted similar reconstructions.

"There were so few surgeons attempting these complex surgical reconstructions. They were all easy to find and eager to participate in this project," he added.

Dr. Highlander also collaborated with mechanical and biochemical engineers to learn more about the advanced engineering work necessary during the weeks prior to a 3D printed procedure.

"Not only is this book the first textbook dedicated to 3D printing in foot and ankle surgery, but it is also the first textbook in any orthopedic specialty to combine insight and expertise from surgeons and engineers," stated Dr. Highlander. "The 'cross-pollination' of two different scientific specialties as demonstrated in this textbook could change how surgeons approach surgery and how engineers approach implant design and manufacturing in the future."

The entirety of the book, which took three years to complete, was designed as a surgical technique textbook intended to aid practicing physicians as well as advanced surgical residents. Dr. Highlander hopes that his words will also spark the curiosity of medical and engineering students.

The first edition of "Clinical Applications of 3D Printing in Foot and Ankle Surgery" was released in April 2023 and published by Elsevier, Inc., a publishing company located in Philadelphia, Pennsylvania. Its pages are dedicated to Dr. Highlander's wife Lindsey, who supported his work, seeing the importance of the project and the rarity of the opportunity.

**"Clinical Applications of 3D Printing in Foot and Ankle Surgery" is available for purchase on Amazon.com. For more information about The Reconstruction Institute, located at 102 Commerce Park Dr. in Bellevue, call 419.484.5430 or visit [bellevuehospital.com](http://bellevuehospital.com).**