

# Maintain Your Brain



## Tuesday, May 15

7:30 a.m.-1:30 p.m.

The Bellevue Hospital Burson Conference Room

OPEN TO THE PUBLIC

*For anyone touched by mental health issues through their family, friends, or themselves.*

**featuring...**

G.R.A.S.P. (Grief Recovery After a Substance Passing)

Cornerstone Counseling of Bellevue

TBH Nutritional Services & TBH Sleep Disorders Center

Summit Employee Assistance Program

Cleveland Clinic Cancer Center

Stein Hospice

NAMI



**Call 419-483-4040, Ext. 4367, for more information.**